

# Bluffing

A billionaire's high-stakes  
gamble with patient lives

By Linda Stansberry

9 Bailing out the 1091

22 Mrs. Chambers, if you're nasty

36 Going rogue





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# Cannabis & The Holidays



**T**his is the season that many local individuals visit HPRC in need of medical cannabis to help manage their wellbeing during the holidays. Whether it be the stress of planning and coordinating travels, anxiety from visiting family or large crowds shopping, the unhealthy food choices the holidays are riddled with, the lack of exercise, or the cold dark weather, patients are finding great relief using medical cannabis products. Some new products available this holiday season have given some new options to individuals who choose to use medical cannabis products to relieve and reduce stress and anxiety during the holiday season.

Patients dealing with large amounts of stress may benefit from the non psychoactive cannabinoid



CBD (cannabidiol). This anxiety reducing cannabinoid can help reduce perceived stress without intoxicating patients, which is great when visiting with family members and wanting to stay sharp and enjoy conversations. CBD medicine does not always need to be smoked by burning flowers. It can also be enjoyed through vaporizer pens, tinctures, edibles, transdermal patches, salves, and bathing soaks. These

alternative applications are great when visiting other family members and not having an appropriate area to consume smoked cannabis.

Some of the new medical cannabis products can also contribute to some interesting dinner conversation during the holidays. Showing family members the wide range of medical cannabis products now available in the marketplace, sharing personal experiences around responsible cannabis use, and talking about the passage of Proposition 64 and recreational cannabis in the

State of California is sure to spark some interesting conversations this holiday season!

While cannabis is a helpful tool, it will never replace the benefits of healthy food choices, exercise, sleep, and avoiding alcohol during the holidays. At HPRC our staff is dedicated to showing you the many ways our patients have a healthy relationship with cannabis to improve their daily wellbeing! Happy holidays from our family to yours, and wishing you a Happy New Years!



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## Contents

- 5 Editor**  
Dear Shlomo,
- 6 Mailbox**
- 8 Poem**  
We give thanks  
for Donald Trump
- 9 News**  
Ship Ashore
- 12 NCJ Daily**
- 13 Week in Weed**  
Puff, Puff Pence
- 14 On The Cover**  
Bluffing
- 19 Down and Dirty**  
Fruit Tree Pruning 101
- 20 Home & Garden**  
Service Directory
- 22 Table Talk**  
Nasty Women in the Kitchen
- 23 Gift Guide**  
Special Advertising Section
- 28 Music & More!**  
Live Entertainment Grid
- 32 The Setlist**  
Happy Christmas
- 33 Calendar**
- 35 Filmland**  
Dark Sides
- 37 Workshops & Classes**
- 40 Sudoku & Crossword**
- 41 Field Notes**  
Grow and Die
- 41 Classifieds**



The USS LCI(L)-1091 was moved by tug boat from its mooring at the foot of Commercial Street in Eureka to a piece of land near Redwood Terminal 1 behind the Samoa Cookhouse. Read more on page 9.

Photo by Mark McKenna

### On the Cover

Illustration by Holly Harvey

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# Dear Shlomo,

By Thadeus Greenson  
thad@northcoastjournal.com

I realize you might be a feeling a bit picked on at the moment, seeing our second cover story about your Humboldt County holdings in the last three months. In fact, over the past 16 or so months, we've written nearly 20,000 words detailing your doings in Humboldt County. That's a lot of ink. But it's nothing personal. It's just that your actions here locally can be held up as an example of what's spawning the anger and angst that led to the Occupy movement, and fueled the opposing populist campaigns of Bernie Sanders and Donald Trump.

Let's start with the basics. You are a member of the 1 percent, having proudly boasted of bringing home a \$3 billion annual income on national radio. Your company, Brius, reported banking a \$77 million profit from its California holdings, that from the meager taxpayer funds our legislators have decided should go toward caring for the state's elderly and infirm indigent population. And you've done this while providing a standard of care that, in some cases, is abysmal. But I've got to give it to you. Boy, do you know how to turn a profit.

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you bought your Humboldt skilled nursing facilities, you entered into a 10-year lease for the five properties and facilities. Then you turned around and rented each of those five facilities back to your own companies. In Pacific's case, you did this only after marking up the annual rental price by about \$70,000 — a nice profit right off the top. Then you made sure Pacific contracted with the medical supply company you own, your consulting firm and your management company, essentially ensuring the vast majority of what gets logged as facility "expenses" goes in the "revenue" category of another one of your company's ledgers.

You're obviously a pretty brilliant guy and I've got nothing against turning a profit. But when you systematically bilk taxpayer funds intended to provide a stable and safe place for the sick, aged and dying who cannot afford one of their own, well, in my mind, that puts you a rung below the jerks Eureka police recently busted for stealing out of the Toys for Tots bins. While immoral, their actions didn't directly lead to bed sores, infections and trauma, and I'd also be willing to bet they don't have a net worth with four commas attached to it.

I've read some stories that make you

sound like a man of virtue, Shlomo. There was one in the *Jewish Journal* back in 2011: "For the past seven years, Rechnitz and his family have followed this simple model for helping those in need: You ask, they give," the article states, describing a scene that unfolds at your Los Angeles home every Saturday night. "A line of people extends outside the Rechnitz house and leads right to a dining room where Shlomo Rechnitz, dressed in a white shirt, sits at the head of a long table, waiting for people to come. Each person in need sits next to him for a few minutes of conversation, receives a check, says thank you and then goes home. Some might bring 'evidence' of their despondency — like an eviction letter from a landlord — but they hardly need it. Everyone walks out with a check."

Well, Shlomo, I don't have a seat at your dining room table but I'm sitting here in Humboldt County asking on behalf our injured, our sick and our seniors with nowhere else to go. They don't need a check. They need you to provide them the quality of care they deserve. They need you to stop jerking them around and gaming the very systems designed to protect them.

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## Mailbox



Terry Torgerson

## College Contributions

Editor:

While I agree with much of William Hart's letter concerning student housing in Arcata (Mailbox, Dec. 15), I have to take issue with one sentence.

The positives of living in this particular college town are infinitely more than "the four of five coffee shops we have and the five or six bars." (And I'm not sure the bar scene is all that much of a positive for us long-time residents.)

I would list the positives as a well-educated populace with strong community involvement, perhaps the best rural arts scene in the country and forward-thinking alumni who stay here out of their love for this watershed.

Those alumni have given us the Northcoast Environmental Center, The Ink People, The Morris Graves Museum, Wings Inflatable, Los Bagels, Wildwood Music, Almquist Lumber, Dick Taylor Chocolate, The Arcata Playhouse, Yakima, Humboldt Baykeeper, Liscom Hill Pottery, Six Rivers Planned Parenthood, The Garden Gate, The Minor Theater, Hot Knots, KHSU, Arcata Marsh and Wildlife Sanctuary, much of what is now the Arcata Community Forest, Jacoby Storehouse and everything inside it, The Foodworks, Holly Yashi, Arcata Farmers' Market, Arcata Arts Institute, Mad River Brewing Company, Northtown Books, The Art Center, North Coast Co-op and many etceteras.

Yes, the rent situation in small towns without a college is much different — but so is life in small towns without a college.

Alan Sanborn, Arcata

## 'Out of Context'

Editor:

The Dec. 8 article by Humboldt State University investigative reporting students, "Homeless State University," quoted me as saying that we've had nearly 20 years of relatively sparse contact and collaboration between HSU and the city of Arcata in terms of addressing student housing needs, and that the city and university need to collaborate on a shared plan for student housing. I believe the article took these statements out of context. (It also erroneously identified me as a professor; I'm a lecturer.)

The point I was trying to explain to the student who interviewed me for the article is that Arcata city planners are now making much better progress than in the past in working with HSU to address student housing needs. I applaud those efforts, under the leadership of Community Development Director David Loya, Senior Planner Alyson Hunter and other city staff. HSU and the city do need to develop a shared plan for sufficient and affordable housing for HSU students, a planning process to which our entire community can actively contribute — Arcata long-term residents, HSU students, staff and faculty — as well as city staff, HSU administrators, and housing developers.

Judith Mayer, Arcata

## Garbage

Editor:

I usually enjoy the *North Coast Journal*. However, it was a real turn-off to come

Continued on page 8 »



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## Mailbox

Continued from page 6

upon a graphic detail of a sexual act in the Nov. 24 Flash Fiction issue. Not expecting the crudeness, I was soured and concerned that maybe a child would read it, too. Believe me, children of 12 or younger aren't aware of those details, whomever the consenting adults are that may be engaging in it. At least those children who have been sheltered and raised with consideration for their innocence.

NCJ, are you contributing to the "idiocracy" of our community? You can be considerate without using overbearing censorship. The following weeks

comments (Mailbox, Dec. 1 and Dec. 8) show that folks like to get their jollies with vulgar words and you are printing it! I could go to a scuzzy, sketchy store in the Bay Area to purchase smut or stay here and purchase a novel with detailed acts of sex or violence but am discouraged to see it within the NCJ.

So I'll take your rag and go pick up the smelly, brown, hunk that a nocturnal roamer left in my front yard, then I'll crumble it up and toss it into the garbage.

Karin Lynch, Arcata

## 'Debunking' Trump Change

Editor:

I can't let Rick Brennan's letter extolling Donald Trump (Mailbox, Dec. 15) go without debunking the cherry-picked factoids he uses to give legitimacy to Trump's "win." Stating that six times as many counties voted for Trump as Clinton is like saying the 49ers were ahead at the 40-minute mark in most of their games this season when, in fact, they've lost 13 of 14 in 2016. Donald Trump lost the popular vote to Hillary Clinton by 2 million votes. If 30,000 voters each in Michigan, Pennsylvania and Wisconsin had changed their

## We give thanks for Donald Trump

Who so clearly illustrates both the magnitude and the specificity

Of the work to be done, and for being an acute example of the unexamined life.

We give thanks for corporations that (not who) influence our elections with their bottomless coffers for reminding us that democracy is yet an unrealized dream.

We give thanks to nursing home profiteers and their enablers

Who teach us what business without a moral compass looks like.

So, what is to be done?

Make New Year's resolutions that count.

Think bigger than losing weight, gain depth.

Vow to spit evil in the eye.

Vow to protect our elders and to educate our youth.

Share a skill.

Help someone caregive a loved one.

Speak truth to power.

We give thanks for simply making it to this day, for another shot at making tomorrow better.

Be encouraged: this year is not a hard act to follow.

— Marcia Hope Wolhandler

vote, Hillary Clinton would be president. And to say that Donald Trump ran against whom elites wanted as president begs the fact that he's appointing some of the most elite people in U.S. to high positions, like the CEO of Exxon and the head of Goldman Sachs.

On one thing I will agree, Donald Trump is a revolutionary. Donald Trump's brand of politicking has brought a crass and brutal new dimension to governing that I've not seen in my 65 years. It maybe revolutionary to lift the veil on the misogyny, bigotry and racism that has existed in our country for years now, but to actually make all of that the unofficial (or official) party line of the Trump administration makes my heart hurt.

We'd all be wise to reread Sinclair Lewis' *It Can't Happen Here*, which is the fictional account of how the U.S. sinks into a dictatorship in the 1930s. Maybe Donald Trump has that as his playbook.

Greg Blomstrom, Fieldbrook

## Write a Letter!

Please try to make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to [letters@northcoastjournal.com](mailto:letters@northcoastjournal.com) ●





Crews prepared for the final pull to get the LCI 1091 on land.

## Ship Ashore

Nonprofit has 90 days to fix a historic ship that time rendered an environmental hazard

By Thadeus Greenson  
Photos by Mark McKenna

**O**n a recent Monday morning, a crew stood on the banks of Humboldt Bay and watched with bated breath as a rickety, 200-ton bundle of history and environmental risk was pulled from the water.

"It was sinking," Humboldt Bay Harbor, Recreation and Conservation District CEO Jack Crider said of the LCI 1091, which had spent decades moored at the Englund Marine fueling dock in Eureka. "Once those boats fail, they fail pretty quickly."

The 1091 is a familiar name to those who draw their livelihoods from Humboldt Bay. It came up in multiple conversations with the *Journal* back in March when, in the wake of the sinking of the *Dennis Gayle*, we looked at efforts to keep the bay's dilapidated ships from going under and spilling their fuel and oil into the water on their descent to the bay floor. Many, it seemed, were worried about the old Navy vessel.

But the story of the effort to get the 1091 off the water begins in earnest a few months back when Crider stepped aboard. "They had an area taped off below deck and I asked if I could go down there," Crider recalled. When he went below, he said he saw water seeping through sealed hatches and a jerry-rigged system used to pump water into various fuel tanks and compartments in the ship's hull. The site, Crider said, filled him with a sense of urgency.

Of course, the 1091's story begins some seven decades earlier to its launch in September of 1944, when the shallow draft boat was designed to run right up on a beach and unload 200 infantryman in less than three minutes. The vessel earned six battle stars — two in the Pacific during World War II and four more combatting malaria during the Korean War — in a little more than a decade of service before it

*Continued on next page »*

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## News

Continued from previous page



Before moving the LCI 1091 and pulling it from the water, officials pumped more than 10,000 gallons of oily, contaminated water from its hull.

was decommissioned and joined a fishing fleet on the Yukon River.

It arrived in Humboldt Bay in the late 1990s, when McKinleyville dentist Ralph Davis purchased it and outfitted it to fish for albacore. When rising fuel prices rendered its use unsustainable, Davis gifted the ship to the Humboldt Bay Naval Sea/Air Museum, a small nonprofit with a group of dedicated volunteers who hoped to restore it to its World War II station.

The trouble is the nonprofit has never had the funds to do much with the aging ship, despite its best efforts and twice-weekly work breakfasts onboard. In fact, according to Eureka Parks and Recreation Director Miles Slattery, the nonprofit couldn't even keep up with mooring fees owed the city, falling behind more than \$15,000. Slattery said that was the city's primary concern, up until a recent phone call from Crider alerted him to the real possibility that the ship could sink, leaving the city facing the costs of raising the boat and cleaning up any oil and fuel spills.

"We recognized it was a serious emergency and we could have been in the hole for a hell of a lot more money," Slattery said.

Slattery immediately began working with the nonprofit to figure out an agreement to get the ship out of the water, and the Harbor District applied for an emergency permit from the California Coastal Commission that would allow it to haul the boat out of the water near the Samoa Cookhouse and spend 90 days assessing the work needed to get it seaworthy again.

The nonprofit, representatives of which did not return *Journal* calls seeking comment for this story, ultimately agreed to a hold-harmless clause that would absolve the district and the city of any liability if the ship were damaged in exchange for the city forgiving its mooring debt.



The weekend of Dec. 10, a joint crew from the harbor district and the city worked 14-hour days to get the ship ready to be pulled ashore. In the final tally, it pumped more than 10,000 gallons of contaminated, oily water out of the ship, as well as some other fuels and chemicals. When the crew finished, Slattery said, the ship "literally raised up about 6 feet" in the water. It was then pulled by a Zerlang and Zerlang tug over to the peninsula, where a crew from Figas Construction pulled it from the water and onto a series of telephone poles. The operation went off without a hitch, Slattery said, thanks to the careful work of everyone involved.

So what now? Well, the nonprofit has





The LCI 1091 is moved by tugboat from its mooring at the foot of Commercial Street in Eureka to a stretch of land near Redwood Terminal 1, behind the Samoa Cookhouse.

90 days to assess the boat and its needs. From there, it could be moved to a dry dock to be fixed up, if the nonprofit museum can foot the bill. If not, it could be sold for scrap. Slattery said the city spent probably more than \$10,000 on the effort, money he doesn't expect to recoup. "You're bleeding a turnip," he said, adding that he thinks the nonprofit simply doesn't have the money.

Slattery said some involved with the nonprofit were critical of the effort, charging it was just because the city wanted to free up the Englund Marine fueling dock, which Crider has long thought could be a valuable asset to lure research vessels into the bay. "There was a guy out there

yelling, 'Why are you doing this?'" Slattery recalled. "I was like, 'Dude, because you have a hazard here.' It's all about the bay. It's not about us against them."

Slattery and Crider both said they are hopeful the nonprofit can salvage the ship, either readying it to return to the water or transitioning it into an onshore museum. But both were clear it had to come out of the water.

"I feel bad for the group," Crider said. "Trying to take care of a vessel of that size and of that age isn't easy or cheap, so they were doing the best they could with the small amount of resources they had. But something had to be done."

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# Communication Breakdown

A shooting in Southern Humboldt last week has left a school district and the sheriff's office both looking for better lines of communication.

The shooting occurred in Redway shortly before 2 p.m. on Dec. 13, and the Humboldt County Sheriff's Office was called to the scene to a report of a gunshot victim lying along Whitmore Avenue (the victim survived). By the time they arrived, the suspects had fled the scene in a gray pickup truck. A search of the area came up empty.

The problem is that Redway Elementary School, just a few blocks away, didn't receive word of the shooting until students were boarding school buses to head home and alarmed parents were calling the office. The apparent lack of communication was a concern for district parents, some of whom called the school in the ensuing hours to criticize administrators for not putting the campus on lockdown or doing more to protect children.

The issue bubbled up so quickly that Southern Humboldt Unified School District Superintendent Catherine Scott penned a letter the following day to all district parents and guardians, offering a timeline detailing the afternoon from the school's perspective. The timeline notes that school officials were never contacted by the sheriff's office, despite trying diligently to get more information after learning of the shooting nearby. It would be more than an hour — filled with decisions about student safety ranging from

locking down the afterschool program to canceling basketball practice — before a district official finally got someone from the sheriff's office on the phone.

Reached a few days after the incident, Scott said she was working on setting up a meeting with the sheriff or the undersheriff to discuss the district's frustrations. She said the incident is an example of a larger problem but underscores the need for better communication.

"It's really just a symptom of the inadequate services the sheriff is able to offer Southern Humboldt and that's an ongoing issue," she said. "I have a great deal of respect and admiration for law enforcement ... but I have a responsibility to make sure my schools are safe."

Reached on Monday, Sheriff Mike Downey agreed that communication could have and should have been better. But Downey said dispatchers did try to call the school office numerous times within 20 or so minutes of the shooting and repeatedly got a busy signal. Furthermore, he said the fact that deputies were confident the suspects had fled the area in a vehicle meant a more robust school response wasn't necessary.

Moving forward, Downey said his department will look at putting together a master list of points of contact for each school in Humboldt County so if a critical incident occurs nearby, dispatchers aren't forced to simply call schools' often understaffed and overburdened main offices.

— Thadeus Greenson

POSTED 12.20.16 READ THE FULL STORY ONLINE.

## Sign-y Dancer



Adam Brazil, dancing on the corner of Fifth and E streets on a chilly Eureka morning, takes street sign waving to the next level. Watch the video at [www.northcoastjournal.com](http://www.northcoastjournal.com). POSTED 12.19.16

Photo by Jennifer Fumiko Cahill.

### Make us a part of your daily life

For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

**Teen Killed:** A McKinleyville man has been charged with murder after he was allegedly driving drunk Dec. 14 and allowed his truck to drift off the road and run over a teenage girl, who suffered fatal injuries. James Arthur Merrick allegedly attempted to flee the scene on foot after his truck crashed into a light pole, but was detained by witnesses until police arrived. POSTED 12.15.16

**One Time at Band Camp:** The rollicking, helmeted Marching Lumberjacks have been benched. Humboldt State University sent out a press release saying it's investigating whether the band had "inappropriate printed materials and photographs" and open containers of alcohol in its on-campus digs. The band then sent out a press release of its own, lamenting a lack of communication from HSU officials. POSTED 12.17.16

**Five Homicide Arrests:** A total of five people have now been arrested in connection with the fatal Dec. 12 shooting of 20-year-old Tyson Claros in Manila. Sheriff's office investigators have now arrested Hector Godoy-Standley, Catherine Fode, Brandon James Mitchell, Cesar Octavio Valenzuela-Campos and Tamara Nicole Thomson. All were booked on suspicion of murder, with bail set at \$1 million apiece. POSTED 12.19.16

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### Digitally Speaking:

22

The number of homicides in Humboldt County so far in 2015, after the alleged DUI crash that killed a McKinleyville girl on Dec. 14. The county's previous modern-era homicide record was 16, set in 2014. POSTED 12.15.16

### They Said It:

"This legislation will help make transparency great again."

— North Coast state Sen. Mike McGuire on the bill he plans to introduce that would require presidential candidates to release their tax returns in order to appear on the California ballot. No word on when #MTGA will start trending. POSTED 12.19.16

### Comment of the Week:

"He sold me. My first stop, next time I'm in Eureka."

— Patti Groff commenting on a video posted to the Journal's Facebook page depicting Adam Brazil, aka that guy killing it on Fifth and E street with a sign for Black Lightning Motorcycle Cafe. POSTED 12.19.16



# Puff, Puff, Pence

By Thadeus Greenson

newsroom@northcoastjournal.com

**O**n Dec. 20, the Humboldt County chapter of the National Organization for the Reform of Marijuana Laws signed onto a letter to Vice President-Elect Mike Pence, asking him for “clarity” regarding the new administration’s plans for Humboldt’s top cash crop.

The letter, penned by the national NORML and co-signed by 50 subsidiaries, says there were three clear winners in November’s election — Donald Trump, Mike Pence and marijuana — and urges the first two not to turn their backs on the third.

“Voters from across the country responded favorably to both the Trump/Pence message of law and order and the message for cannabis reforms that stop the arrests of ordinary marijuana consumers,” the letter states. “Voters are less and less convinced that cannabis is a criminal problem and no longer want their hard earned tax dollars used to arrest and prosecute nonviolent users or entrepreneurs and employees of state licensed cannabis business.”

Now, some might shrug this off as a little paranoid. After all, 21 states have already legalized medical marijuana use, while another eight have passed adult recreational use laws. Additionally, 15 more states have enacted laws allowing use of medical CBD oils, leaving just six states with strict prohibitions on the books that reflect federal law. Can one administration undo all this progress against marijuana prohibition?

The answer, some fear, is an unequivocal yes. Amid what feels like a national sprint toward legal weed, it’s easy to forget that it’s really just a pair of U.S. Department of Justice memos and an amendment to a congressional funding bill that have U.S. Attorneys across the nation standing down from prosecuting people for engaging in state-sanctioned marijuana activities. Memos can easily be replaced with new ones, and Congressional amendments don’t have much more staying power.

Which brings us back to the NORML letter: “Recent cabinet appointments have sent shockwaves through patient commu-

nities, emerging industries and responsible private citizens as many of the recent nominations that have been selected are historic opponents to marijuana law reform.”

While the letter doesn’t mention him by name, it’s clearly referring in part to the nomination of Alabama Sen. Jeff Sessions, who opined during a Senate hearing earlier this year that “good people don’t use marijuana” and lamented that “we need grownups in Washington to say that marijuana is not the kind of thing that ought to be legalized, it ought not to be minimized, that it is in fact a very real danger.” What post was Sessions nominated for? That would be attorney general, which heads the Department of Justice and holds the power to send out marijuana-world-altering memos.

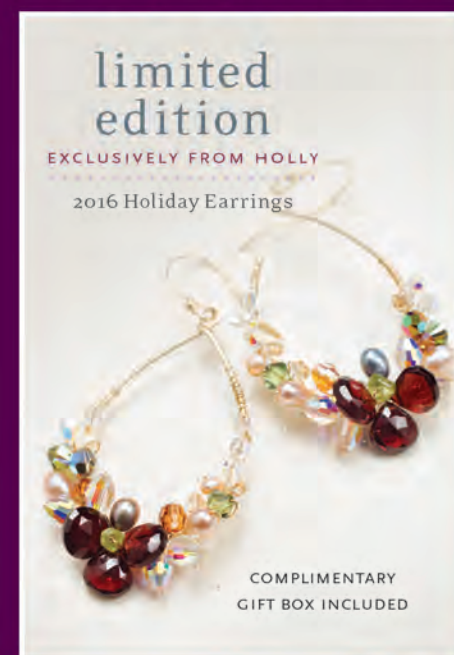
For his part, Trump has been all over the map on the subject of marijuana but has generally expressed support for states’ right to choose and for medical uses, while being critical of recreational legalization and saying it’s “causing a lot of problems” in Colorado.

It seems marijuana reform groups like NORML are more concerned with who Trump’s surrounded himself with than what he’s actually said about the issue. In addition to Sessions, there’s Pence, who currently governs a state where possessing any amount of cannabis can land you in jail for 180 days. Pence also refused to sign a criminal code reform bill in the state back in 2013 until legislators reinstated higher penalties for marijuana possession.

But in what some would see as a delicious twist of irony, last year Pence helped push through the Religious Freedom Restoration Act, which was billed as a protection for religious liberties but was widely considered a way to legalize discrimination against members of the LGBTQ community. The same day Pence signed the law, an activist started the First Church of Cannabis as a protected group. Its parishioners have been legally puffing ever since.

As decades of prohibition have taught, where there’s a will, there’s a way.

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# Bluffing

A billionaire's high-stakes gamble with patient lives

By Linda Stansberry

[linda@northcoastjournal.com](mailto:linda@northcoastjournal.com)

Shlomo Rechnitz.

Photo courtesy of the Sacramento Bee / Paul Kitagaki Jr.

**A**re the most vulnerable patients in Humboldt County — the disabled and the elderly — better off here than they would be in skilled nursing facilities hundreds of miles away in Redding or Santa Rosa? For the concerned family members and patient advocates who spent the last four months fighting to keep Brius Healthcare from closing three of its five Humboldt facilities, the answer is yes. But news that the company would only close one facility — Pacific Rehabilitation and Wellness Center — might be a bittersweet victory. There is nothing to prevent Brius, which has a virtual monopoly on skilled nursing in Humboldt County, from threatening to once again withhold care. The service these facilities provide — rehabilitation and daily medical assistance — is vital. It is also, according to state and federal audits, substandard, poorly tracked and almost impossible to fix with the system currently in place.

Many of us will not know what a skilled nursing facility is until we have the misfortune of having to use one. This is the case with Jolon Wilson, who was severely injured in a car crash last January and spent several weeks in a Santa Rosa hospital before transferring to a top-rated care home, Broadway Villa, in Sonoma. It was challenging to be away from her family and support network, Wilson said, but she concentrated on getting better. She returned home in March. Shortly thereafter,

her mother, Joan Poe, broke an ankle and needed rehabilitation of her own. Wilson assumed that Eureka Rehabilitation and Wellness Center would be similar to the facility in Sonoma. It was not.

"The hardest part for me was that they had four beds in one room," said Wilson, who compares the Eureka facility to "something out of the 1950s." "Four beds, and no bathroom, just a sink. At night, I think they just put everyone in diapers."

"I heard one CNA say to another, 'You can't go talking to family members.'"

—Jolon Wilson

Because there were so few staff members on duty, Wilson began spending as much time as possible caring for her mother herself, making sure that she ate and visited the bathroom. Those on duty

seemed dedicated, she said, but complained of being understaffed. Wilson filed a formal complaint but she said it went "nowhere."

"It only seemed to get the people in trouble that were not the problem," she said. "I heard one CNA say to another, 'You can't go talking to family members.'"

Wilson did not know that the place where her mother was staying has one of the worst ratings for care in the state. She did not know its owner Brius Health-

care Services has more than 80 homes in California. And she did not know that Brius is owned by Shlomo Rechnitz, a Los Angeles-based billionaire who has been called a "serial violator" of state and federal regulations. In 2014, he was the subject of a class-action lawsuit due to alleged understaffing. The following year, two Rechnitz facilities were raided by the Federal Bureau of Investigation. Three of his facilities have been decertified by the federal government in the past five years, an extremely rare recourse, and the state has also attempted to block him from purchasing facilities in California due to his track record of substandard care.

Around the time Wilson was making her mother comfortable in Eureka, Rechnitz was about to try to leverage his local skilled nursing monopoly to extract more taxpayer dollars from the MediCal system for the second time in two years.

**To understand how** anyone can build an empire, as Rechnitz has, off the backs of the elderly and infirm, it might be useful to compare the facility where Wilson stayed, which the federal government's nursing home comparison website rates as "above average," to the one in Eureka — rated "below average" — where her mother recuperated. Sonoma's Broadway Villa facility, which has 144 beds, spent \$22,376 on patient supplies between November of 2014 and October of 2015, according to financial data available from

the Office of Statewide Health Planning and Development. Reports for the same fiscal year say Eureka Rehabilitation, with 99 beds, paid \$95,367 for "routine supplies" to TwinMed, a company that Rechnitz also owns. In pricey Sonoma County, Broadway Villa paid \$587,318 to lease its facility, which was newly renovated when Wilson stayed there. In rural Humboldt County, Eureka paid \$864,899 to lease a facility that first opened in 1967, where four elderly women were lodged in one room without a bathroom. Rechnitz holds the lease agreements for all five of his Humboldt County facilities, which according to research from the National Union of Healthcare Workers, last year paid twice as much per bed in rent (\$8,481) as a comparable company in Marin County (\$4,813).

Included in the lease agreement, which was forwarded to the *Journal* by NUHW staff, is a condition that Rechnitz reinvest \$3 million back into infrastructure repairs on the facilities. A check of permits pulled for all five facilities reveals this work has not been done. The company may plead poverty: On paper, Eureka charted a staggering \$1 million dollar loss for the 2014-15 fiscal year. But according to these same records, all five companies sent around \$4.6 million back to companies associated with their owner, who in 2015 said his income was around \$3 billion a year.

To understand how anyone can sustain such an empire without being halted by state or federal authorities, it's important





The Eureka facility once slated for closure.  
Photo by Mark McKenna

to understand just how achingly slow and ineffective the current system can be at enforcing proper patient care. Federal and state inspectors visit facilities in Humboldt County about every 14 months to see if they're fit to be re-certified. They also make surprise visits to investigate complaints, like the one Wilson filed. In 2009, when Humboldt County facilities were under a previous owner, Skilled Healthcare Group, the federal government gave three of the facilities its lowest possible rating: "much below average."

Rechnitz scooped up the facilities in 2011, after plaintiffs won a class-action lawsuit against Skilled Healthcare, which was not meeting minimum staffing mandates. What was initially seen as a victory for patient care advocates quickly turned sour when it became clear that Brius' purchase of the facilities meant one of the most important conditions of the settlement — stricter independent monitoring of the facilities — would not be upheld. According to state records, little has changed. One facility — Fortuna Rehabilitation and Wellness Center (formerly known as St. Luke's) — has moved the needle from "much below average" to "average." Two others, Granada and Seaview, are still listed as "much below average," with inspectors noting issues in 2015 with medication recordkeeping, infection control and failing to report a physical altercation between two residents to state authorities. State records of complaints and deficiencies (incidents where a facility is found to be out

of compliance with state or federal law) are equally stagnant. In the four years before Brius bought the facilities, surveyors with the California Department of Public Health recorded 592 deficiencies for the five facilities. In the four years after the sale, they found 590.

**The state and federal** reports for these facilities, tucked in obscure corners of bureaucratic websites, often include redacted descriptions of small dramas and painful neglect. For example, in December of 2015, a dementia patient in Seaview was left in a wheelchair with a seatbelt she could not unbuckle, a violation of state law which prohibits restraining patients. The woman was seen pushing herself up and down hallways unattended, attempting to leave the facility and sliding down in the chair to the point that the seatbelt could have cut off her breathing. An audit of the staff's response time to call lights that year indicated patients often waited between 11 and 30 minutes for care, which caused "distress and incontinence." Inspectors also noted improper wound care: One patient had ulcers that required daily cleaning, but records indicated the dressings were only changed four times over a period of nine days.

None of these incidents inspired a severe citation from federal inspectors, who in 2015 consistently marked every incident

*Continued on next page »*

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## On the Cover

Continued from previous page

in each of the facilities as having “minimal harm or potential for actual harm” to patients.

Anthony Chicotel, staff attorney with California Advocates for Nursing Home Reform, said his organization has noticed a trend of inspectors downgrading the severity of issues, especially those that do not reach the level of physical harm. Deficiencies are graded on a scale from A to L, with L being the most serious rating, reserved for conditions posing immediate jeopardy to many residents. But grading is at the surveyors’ discretion and Chicotel said they are often reluctant to blow the whistle.

“The workload of the surveyors is a big issue. It’s almost guaranteed if you give something a G or above, it’s going to be appealed,” Chicotel said. “Chances are it might be litigated, then you’re pulled into a deposition with multiple people looking over your shoulder. Of course, that’s not every surveyor.”

Chicotel said there is an extra reason that consumers should be alarmed at a one-star rating for any California facility. California is one of the only states to mandate a specific number of staffing hours per patient per day (3.2). Staffing hours are one of three factors used to determine the final score for a facility; health inspections and quality of care fill out the rest of the grade. Consequently, all California facilities should get an automatic boost in their final scores just for meeting state-mandated staffing requirements. A California facility scoring one star out of five means that the results of health inspections and quality of care must be especially dismal. Only 8 percent of all facilities in the state fall into the “much below average” category. Two of them — Seaview and Granada — are in Humboldt County. Our remaining three facilities were rated as “average” or “below average” in 2015.

The Centers for Medicare and Medicaid Services did not respond to the *Journal’s* request for comment on why these consistently underperforming facilities have not been decertified. The California Department of Public Health, which conducts these audits as subcontractors for the federal government, said it also could not comment.

In 2016, CDPH substantiated 18 complaints against Humboldt facilities related to accusations of everything from poor medication record keeping and mental abuse to providing a quality of care that endangered resident safety. Among the substantiated complaints was a June 2016 incident in which a Granada patient was admitted to St. Joseph Hospital with symptoms of a severe infection, possibly

“There’s no real quality-based care. The reimbursement happens whether or not you provide quality care.”

— Anthony Chicotel

from a pressure sore. A nursing assistant and nurse both noted these symptoms during the day shift at Granada but failed to contact a physician or report them to the oncoming shift. When the patient became unresponsive during the night, she was sent to the hospital and placed on mechanical ventilation. The facility was fined \$60,000 for the incident.

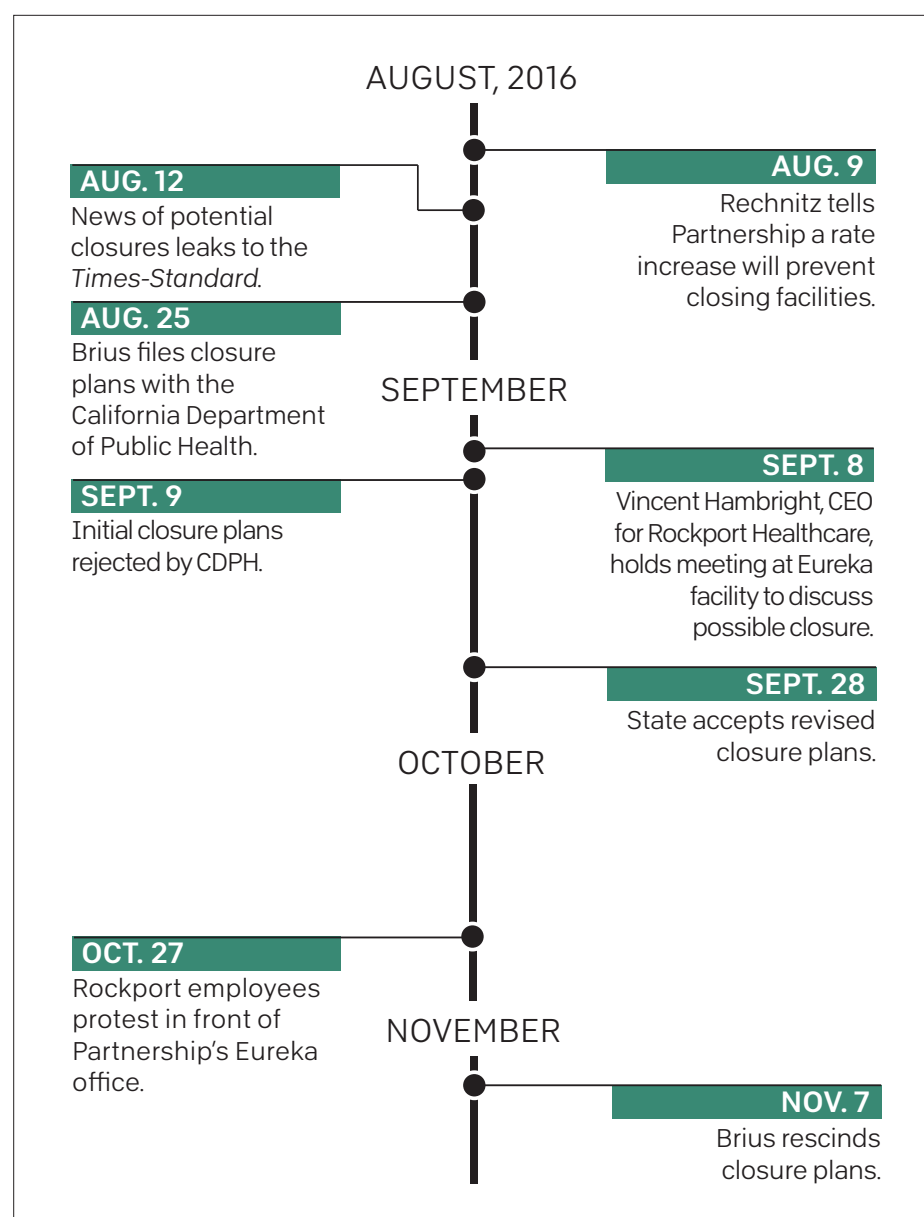
Fines represent one of the strongest measures the state can levy against facilities, but documents collected by the National Union of Healthcare Workers reveal many of the financial penalties levied against Brius’ Humboldt facilities have not actually been collected. Of the \$60,000 in fees for which the NUHW was able to obtain records, only \$23,000 was ultimately collected by the state. The CDPH confirmed that the remaining money was dismissed after appeals by Brius, a company that brought in \$77 million in profits from its California facilities in 2014, according to a report filed with the California Attorney General’s Office.

According to Chicotel, the state has a disincentive to pursuing litigation that is baked into current law: MediCal reimburses skilled nursing operators for the cost of litigation, meaning if the state sues Brius to force compliance, taxpayers are covering the company’s legal fees. This expense is usually itemized in annual reports as administrative costs.

Chicotel referred to the skilled nursing system as being outside of the “normal market forces” present in a free-market, capitalist system.

“There’s no real quality-based care,” he said. “The reimbursement happens whether or not you provide quality care.”

In 2015, the *Journal* investigated why Brius’ holdings in Humboldt County stopped accepting patients for several months. The shut out stranded some patients without proper care and forced others to stay in facilities hundreds of miles away from their families. When it became apparent the company was negotiating with the local MediCal administrator, Partnership HealthPlan of California, for a higher MediCal reimbursement rate, using the fate of patients as a bargaining chip, we asked then-CDPH spokesperson Corey



Egel if there was anything the agency could do. He said, in essence, no.

The state apparently has no mechanism to force private companies like Brius to accept the patients they’re licensed to serve, and only a limited arsenal at its disposal to make sure the MediCal dollars the companies receive go back into patient care rather than the pockets of their owners. According to documents available through the CDPH, Brius facilities in Humboldt County reduced admissions by 30 percent from 2014 to 2015. But, curiously, the amount spent on medical supplies jumped. OSHPD records show Humboldt facilities purchased \$117,000 more in “routine supplies” from TwinMed, Rechnitz’s company, in 2015 than it had the previous year, when it had more patients.

With such a lucrative business model, one might question why Rechnitz would want to shut down three of his facilities. Many, including Wilson, believe he never planned to follow through.

“I just feel like this was a big ploy,” said Wilson, who brought her mother back to

live with her in Scotia in early November. “The owner played the system well.”

**When Brius announced** the closures in August, the company insisted it was struggling with an unsustainable \$5 million loss due to a local nursing shortage that forced it to recruit staff from out of the area. There is a well-documented lack of skilled nursing staff in Humboldt County but the reasons management gave for the shortage (such as the lure of the marijuana industry) seemed fishy to some. What family members and patients did not know when the news came out was that the threat of closure was almost certainly a bargaining maneuver as Brius once again negotiated with Partnership, the nonprofit MediCal administrator for Northern California. During the shut out last year, Partnership, desperate to fill the Brius-sized hole in Humboldt County’s continuum of care, eventually caved and increased its reimbursement rate to all providers in the region by 2 percent,



offering an additional 2 percent increase if the facilities could prove they met quality-of-care measures, such as low rates of falls and infections. Those 2015 negotiations took place behind closed doors; this year, the battle would go public in a very loud and ugly way.

August emails between Rechnitz and Partnership's chief financial officer, Patti McFarland, obtained through a public records act request, seem cordial enough, with the two addressing one another by their first names. On Aug. 9, Rechnitz said that a rate increase would "solve this debacle." Partnership held firm, insisting that it was reimbursing the facilities above what the state required, and would only give them additional money if "quality-of-care measures were met." McFarland also offered to help Brius "look internally" for ways to address cost issues.

Brius' response was to file closure plans with the state on Aug. 25, a move that alarmed patient advocates and residents. State Sen. Mike McGuire and Assembly-member Jim Wood, along with several advocacy groups, wrote to the California Department of Public Health to express concern that the plans were inadequate and patients would incur trauma from moving. It soon became evident that, while the CDPH could review the plans and ask Brius to strengthen them (they did), it could not actually stop the private company from closing.

On Sept. 8, Vincent Hambright, CEO of Rockport Healthcare, Brius' administrative company, met with patients and family members at Eureka Rehabilitation and Wellness to discuss the potential closure. The meeting was held mid-afternoon on a weekday, with one day's notice to family members. In the meeting, Hambright denied knowing who Shlomo Rechnitz was, even as Rechnitz was exchanging emails with McFarland. He also denied that the facilities were understaffed as patients and family members at the meeting insisted the opposite.

Around mid-September, negotiations between Partnership and Rechnitz appeared to deteriorate. The initial closure plans, rejected by the state on Sept. 9, were quickly revised by Rockport and resubmitted. But the push and pull over reimbursements continued, with Rechnitz asking McFarland which facilities in Oregon Partnership would consider contracting with, as Rockport had "already begun assessing residents."

The emails indicate Partnership asked Brius to look into closing just one facility — Pacific — and spreading that facility's staff through its remaining four facilities.

Continued on next page »

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Despite having the lowest level of complaints and deficiencies of all the facilities, Pacific remained a good candidate for closure because of existing infrastructure issues, including a faulty heating system and problems with the roof, both of which have been investigated by the state.

Partnership also asked Rechnitz about the possibility of buying the facilities. Rechnitz indicated he would be willing to “give away” the operations and businesses, but asked \$32.6 million for the real estate. Several commercial real estate agents contacted by the *Journal* said the price was far and away above the five properties’ market value. Partnership also said it would be interested in just buying the three facilities Brius was ready to close but was turned down, as Rechnitz said he didn’t want Brius to be in competition with the nonprofit.

On Sept. 28, the same day the state accepted the revised closure plans from Rockport, Rechnitz sent off a fiery email to McFarland, saying that Partnership CEO Liz Gibboney’s representation of the sale discussion made Brius “look like liars.”

“It’s actually highly concerning that you would watch the patients and families suffer as they are displaced just so you can make more money,” Rechnitz wrote.

“You have a responsibility to these people and you’re treating them like mere numbers. Your actions are unconscionable. As I now know your true colors, I will act accordingly.”

Whether Rechnitz was referring to internal negotiations or the extremely ugly public relations battle that would ensue is unclear. What we do know is that over the next few weeks, Brius purchased several full-page advertisements in the *Times Standard* smearing Partnership and blaming it for the pending closures. One hundred and seventeen Rockport employees signed a letter calling on Partnership to pay up. Rockport employees called family members of patients and invited them to take part in a protest outside Partnership’s Eureka office on Oct. 27. In early November, patient advocates contacted the *Journal* to say that patients and family members were being asked to join a lawsuit against Partnership. (Neither Partnership nor Brius’ spokespeo-



Joan Poe, a patient at Eureka Rehabilitation and Wellness Center, with her daughter Jolon Wilson. Photo by Mark McKenna

ple returned calls for this story but, as of our last communication in November, no such lawsuit had officially been filed.)

But Partnership didn’t budge and, on Nov. 7, Brius formally backed down, issuing a statement: “We have decided that despite the enormous financial difficulty we will sustain as a result, there is no way we can close these facilities.” In the letter, the company announced it will establish a charity foundation to directly fund its losses. Brius’ spokesperson Stefan Friedman did not return *Journal* emails requesting more information about this foundation and how it will work. Brius did close Pacific Rehabilitation and has transitioned patients out of the facility over the last few months.

**It remains to be seen** how or if state law can be changed to prevent these facilities from withholding care, and to shore up the connection between taxpayer dollars and actual quality of care. Although legislative priorities for the year have not been finalized, our local state representatives, McGuire and Wood, both said they are examining how the state can better prevent companies like Brius from exploiting the system.

“Our early thoughts are that there should be a separate standard and additional oversight if there is a monopoly in one market,” said McGuire. “What we discovered is that the way the law is written now, all the power is in the hands of the operator.”

Catherine Pugel, whose parents John and Ellie Catudal celebrated their golden wedding anniversary together at Eureka

Rehabilitation, said the four months of stress surrounding the proposed closures were “like a game” to Rechnitz. Pugel says her parents had come to see the Eureka facility as their home, and her father suffered stress and depression when he learned they would have to move. Her mother, Ellie, had dementia but was used to the routine at Eureka. Staying in the same room as her husband of 50 years seemed to help. With no solid answers as to what would happen to her parents — she was told the facility might shut in 30 days, 60 days or not at all — Pugel moved proactively to keep them together, finding them a room in Brius’s Fortuna facility.

Despite only moving a few miles, Pugel said the change in location was traumatic. John Catudal became even more depressed. Her mother went from being “joyful” to not speaking. Ellie Catudal “never really bounced back” from the move, Pugel said. John asked that their beds be pushed together so he could reach out and hold her hand in the night. But Ellie Catudal gradually became less and less responsive. She finally passed away on the evening of Dec. 15.

Pugel said she is “carrying the burden” of making the decision to move her parents, one she now realizes was unnecessary.

“I was very frustrated,” she said of learning that the owner was not going to close the facility after all. “My god, what the patients went through, not knowing where they would end up. How unfair to take this to this extent, to put the families through this. People’s lives are not games.” ●

Scale of Deficiencies from SkilledNursingFacilities.org

Medicare uses a matrix that compares the severity of the deficiency and the number of residents that are potentially affected to determine the scale of a deficiency. This matrix determines a rating for a deficiency from A to L.

| Severity of the Deficiency                                                              | Residents Affected |      |      |
|-----------------------------------------------------------------------------------------|--------------------|------|------|
|                                                                                         | Few                | Some | Many |
| Immediate jeopardy to resident health or safety                                         | J                  | K    | L    |
| Actual harm that is not immediate jeopardy                                              | G                  | H    | I    |
| No actual harm with potential for more than minimal harm that is not immediate jeopardy | D                  | E    | F    |
| No actual harm with potential for minimal harm                                          | A                  | B    | C    |

Because some deficiencies are much more severe than other, Skilled NursingFacilities.org has color coded each deficiency so that potential residents can more easily find deficiencies that are more serious. While Medicare determines the scale of the deficiency, the color coding has been given separately by SkilledNursingFacilities.org.





Using bypass loppers.  
Photo by Heather Jo Flores

# Fruit Tree Pruning 101

By Heather Jo Flores  
downanddirty@northcoastjournal.com

People often hire me to prune their fruit trees this time of year. While I appreciate the work, most basic pruning, especially on young trees that haven't been previously damaged or badly pruned, can be done by anyone with some basic information. Now that the leaves have fallen and fruit trees are dormant for the winter, this is the perfect time to give them a pruning that will determine the size and shape they will grow into next spring.

## Should I Stay or Should I Go?

The main reason to prune trees is to

increase air circulation, which protects against insect infestation and disease. An air-congested tree will also stop fruiting, so it generally makes sense to remove anything that is growing toward the center for a better flow. But before you start hacking branches, try this simple system for figuring out what to cut and why.

## Follow the Leaders

First, find a tree's vertical leaders. Most have two to five leaders that split from the main trunk and should be balanced with each other. Choose no more than five leaders and plan to remove the others

Continued on next page »

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## Down and Dirty

Continued from previous page

to leave room in the middle for air circulation and for fruit to grow.

Working from the vertical leaders, determine which of the horizontal branches will make up the fruiting scaffold. Remember that these branches will eventually be weighted down with fruit and will fall into a horizontal position.

Now that you have developed a basic vision of how you want the tree to look, you are ready for the Seven Ds to help determine your next move:

**Dead:** This is obvious. If it's dead, cut it off.

**Dying:** Less obvious. Look for brittle, black tips.

**Damaged:** Broken spots, torn places, may be damaged by a storm, etc.

**Diseased:** This can be tricky to spot. In general, moss and lichen are not diseases, but mildew, mold and fungus are.

**Deranged:** Look for weird angles, branches twisted around others, limbs growing in the wrong direction.

**Doubling:** If two branches are growing parallel and close together, remove one. If two branches are competing for space, choose the one that looks healthiest.

**Dangerous:** Anything that could smack somebody in the face or fall on a building.

## Tools of the Trade

In general, start with the biggest cuts and work to the smallest, so you'll probably begin with a saw, move to loppers and finish with hand pruners.

Pruning saws come in all shapes and sizes but I prefer a long-handled saw with a curved blade. Invest in quality tools to get quality cuts. Just like humans, trees heal much better when cut with sharp, clean blades. So make sure all of your tools are sharp, well-oiled and in prime working condition. Use a clean rag and

some rubbing alcohol to clean your blade between trees.

You will also need a good pair of bypass loppers. I use titanium ones with a curved, parrot-beak blade. Straight blades seem more likely to damage trees. And, of course, the most essential tool for every gardener is hand pruners. I am a snob about hand pruners and only use Felco brand, which are easy to sharpen and come in a variety of sizes. The \$60 pair I bought almost 20 years ago are still in great shape.

In my opinion, chainsaw work or any pruning that removes more than one-third of the tree should be done by a professional or at least with their supervision. Invest in a certified arborist if you're not an experienced pruner and your tree seems to need major surgery.

## Making a Proper Cut

It is possible to kill a tree with bad pruning and the most common cause of this is when a bad cut becomes infected. To avoid this use sharp, clean tools and make a smooth, clean cut.

Cut limbs more than one inch in diameter back to the branch junction. Half-cut limbs that hang awkwardly from the tree don't thrive. New growth will shoot from the dormant bud-node just below the cut, so choose where you want the new shoot to go. For small branches, cut back to the branch junction or within a quarter-inch of a node. Again, choose where to cut based on which direction the bud faces.

If possible, angle cuts so the exposed wound faces toward the ground. Wounds can get sunburnt or in wet weather collect water that seeps under the bark and causes decay.

Cut right up to the branch collar, which is the raised ridge in the bark near where the branch comes out of the mother

branch or trunk. Cell division occurs rapidly in this collar, sending out healing tissue to cover the wound. Do not cut off any portion of the branch collar, but don't leave a big stub either. Determine what is too much and what is too little then split the difference.

Once you decide exactly where to make the cut, square off your posture, double check your angle and commit. Make the cut in one smooth motion. If you are using loppers, put your weight into it. If you are using a pruning saw, work steadily and with enough power to remove the branch without having to pull the saw out until it's done. When using the saw, make an undercut one-third of the way through the branch from below, then saw the rest of the way through from above. If you do get a rip, clean it up by making a new, full cut.

## Learn From Your Mistakes

Watch the way the tree responds to the pruning work. It will grow in the directions you sent it, but it may also surprise you! Make notes of what you observe and adjust your approach accordingly. Don't freak out if you realize halfway through the season that you messed up! Just let the tree do its thing and wait until it goes dormant next year to try again. Good luck!

Heather Jo Flores is an artist, musician, author, yogini and vagabond farmer. She wrote *Food Not Lawns*, *How to Turn Your Yard into A Garden* and *Your Neighborhood Into a Community* (344 pages, Chelsea Green Publishing Company, 2006.) Find her on Facebook or at [www.heatherjoflores.com](http://www.heatherjoflores.com).

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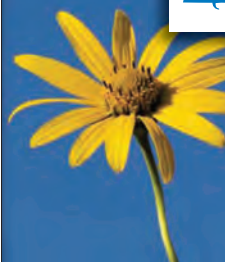


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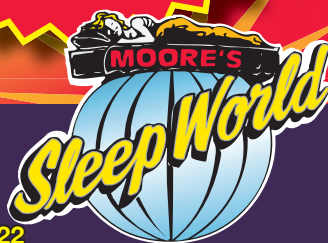
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## Table Talk



Help yourself to a vintage party treat.

Photo by Holly Harvey

# Nasty Women in the Kitchen

Bring hot ham sandwiches to the party

**By Nora Mounce**

tabletalk@northcoastjournal.com

**C**an we agree it's been a long year? Granted, this statement depends partly on one's political persuasion. But for roughly half of us (some would say over half), the fatigue that accompanies the holidays is particularly defeating this year. Given the apocalyptic uncertainty in the air, cocktail parties are not the tradition to skip this holiday season. More than ever, we need soft, boozy gatherings of friends to remind us we're warm-blooded humans capable of leaving the house and believing in the future. Assuming your host has a well-stocked liquor cabinet, what can you bring to the party to buttress the human spirit and distract the troubled mind? Crazy delicious sandwiches. These little hot ham sandos are a throwback to an era when housewives' perms would have fallen out at the mention of making a

"low-fat" recipe (or a president who grabs lady parts). My mom introduced us to the recipe at a family holiday party a few years back. Without fully disclosing the volume of butter, she shared memories of her mother making these sandwiches for Christmas parties at the Chambers' brick home in Indianapolis. "They're realllly good," my mom whispered. Her childhood friends dubbed the rich, toasty sandwiches as "Mrs. Chambers' sandwiches" and it stuck.

Amelia Chambers was born and raised in the Polish community of South Bend, Indiana. She was a devoted wife and mother for more than 50 years. She excelled in the art of home economics, a master seamstress who designed costumes in Hollywood before marrying at

*Continued on page 27 »*

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## Table Talk

Continued from page 22

the spinsterly age of 27. Amelia sewed my aunt's formal wedding dress, a jacket for my uncle made of pelts he'd hunted and matching first-day-of-school outfits for my sisters and me every year. Not surprisingly, she was a force in the kitchen. I remember the week my parents took a rare vacation to Hawaii, leaving my sisters and I in our grandmother's care. Arriving home from school each day, she made us join her in unprecedented chores, like raking my parent's entire pine tree-studded property. Unaccustomed to such labors, I was comforted by the different home-made dessert she served each night — an apple pie baked with real lard is something a 6-year-old never forgets.

Visiting my hometown for a wedding last summer, my mother and I rifled through my grandmother's jewelry box, in case there was something we missed to accent my long summer dress. Among flower-shaped brooches and southwestern turquoise bracelets, we found her old rosary — it was perfect. Though a devoted Catholic at heart until she died, Amelia had to forsake her faith when she married my divorced, Episcopalian grandfather in 1948. Lately, I've been wearing my grandmother's rosary almost daily. I like to think I'm keeping her faith, though different from mine, alive — a small comfort in such confusing times.

If change is the only constant, it's our civic duty to deal with the onslaught of cultural and political upheaval in the forecast for 2017. I wouldn't dare to proffer up advice in such bewildering times. But I have been thinking about Amelia Chambers. In her day, the simple pleasures of an honest ham sandwich (and a lunchtime dirty martini) were celebrated, while women's voices were largely mute outside the kitchen. Though my grandmother enjoyed a life replete with the luxuries afforded to Americans of a certain demographic,

I wonder what she could have offered the world had she been less dutiful, less doting and less accepting of the mandates laid out by her husband and her country. As Jan. 20 ushers in a new era in American history, telling the stories of strong, hard-working and talented women like my grandmother will be more important than ever. Platforms and rights for women that social activists have worked to build could perish in the approaching storm. As gloomy as the skies may be, I have faith that women will hold tight to their families, their beliefs and, now more than ever, raise their voices.

Enjoy those holiday parties with extra abandon this year. Give thoughtful gifts, cozy up to the fire, drive safe and make an extra batch of Mrs. Chambers' sandwiches. Like my grandma always said, "There's a lot to eat, lot to eat."

### Mrs. Chambers' Favorite Hot Ham Sandwiches

½ cup melted butter  
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| ARCATA THEATRE LOUNGE<br>1036 G St., 822-1220                                    |                                               | Planes, Trains & Automobiles<br>(film) 8pm \$5 |                                           |                                         | [W] Sci Fi Night ft. <i>The Borrowers</i><br>(film) 6pm Free w/\$5 food or<br>beverage purchase |
| BLONDIE'S FOOD AND DRINK<br>420 E. California Ave., Arcata 822-3453              | Open Mic 7pm Free                             |                                                |                                           |                                         | [M] Trivia Night 7:30pm Free [W]<br>Local Music Showcase 7pm Free                               |
| BLUE LAKE CASINO WAVE<br>LOUNGE 777 Casino Way, 668-9770                         | Karaoke w/KJ Leonard 8pm<br>Free              | Dr. Squid (dance, rock)<br>9pm Free            | BluEnglish<br>(rock and roll)<br>9pm Free | Karaoke w/KJ Leonard 8pm<br>Free        |                                                                                                 |
| CAFE MOKKA 495 J St., Arcata<br>822-2228                                         |                                               | Squeezebug (accordion)<br>8pm Free             |                                           |                                         |                                                                                                 |
| CENTRAL STATION SPORTS<br>BAR 839-2013 1631 Central Ave.,<br>McKinleyville       |                                               | Karaoke w/Rock Star<br>9pm Free                |                                           |                                         |                                                                                                 |
| CHER-AE HEIGHTS CASINO<br>FIREWATER LOUNGE 677-3611<br>27 Scenic Drive, Trinidad |                                               | Vintage Soul<br>(R&B, dance)<br>9pm Free       |                                           |                                         | [T] Karaoke w/DJ Marv 8pm Free                                                                  |
| CLAM BEACH TAVERN 839-0545<br>4611 Central Ave., McKinleyville                   | Legends of the Mind (blues,<br>jazz) 6pm Free | Kindred Spirits (bluegrass)<br>10pm Free       |                                           |                                         | [M] Savage Henry Stand up Open<br>Mic 9pm Free [W] Pool Tournament<br>& Game Night 7pm Free     |
| FLDDBROOK MARKET & EATERY<br>4636 Fieldbrook Road, 839-0521                      | Holiday Party 4pm-7pm                         | Bandemonium<br>7:30pm Free                     |                                           |                                         |                                                                                                 |
| GRIFFIN 937 Tenth St., Arcata<br>825-1755                                        |                                               |                                                |                                           |                                         | [W] Salsa Dancing with DJ<br>Pachanguero 8:30pm Free                                            |
| THE JAM<br>915 H St., Arcata 822-4766                                            |                                               |                                                |                                           | Deep Groove Society<br>SUNDAZE 10pm \$5 | [T] Savage Henry Comedy 9pm \$5<br>[W] Jazz at the Jam 6:30pm Free<br>The Whomp (DJs) 10pm \$5  |

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|--------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------------------------------------------|------------------------|-------------------------|---------------------------------------------------------------------------------|
| <b>LARRUPIN</b> 677-0230<br>1658 Patricks Point Dr., Trinidad      |                                                                                                 | Blue Lotus Jazz 6pm Free                     |                        |                         | [W] Aber Miller (jazz) 6pm Free                                                 |
| <b>LOGGER BAR</b> 668-5000<br>510 Railroad Ave., Blue Lake         |                                                                                                 | Festivus Celebration<br>9pm Free             |                        | Potluck (food) 6pm Free |                                                                                 |
| <b>MAD RIVER BREWING CO.</b><br>101 Taylor Way, Blue Lake 668-5680 |                                                                                                 | String Chickens (fiddlin' music)<br>6pm Free |                        |                         | [T] Blue Lotus Jazz (jazz) 6pm Free<br>[W] RLA Jazz Trio (jazz) 6pm Free        |
| <b>THE MINIPLEX</b><br>401 I St., Arcata 630-5000                  |                                                                                                 |                                              |                        |                         | [M] Karaoke 9pm Free [T] DJ<br>Panchanguero (salsa/cumbia) 9pm<br>Free          |
| <b>NORTHTOWN COFFEE</b><br>1603 G St., Arcata 633-6187             | The Grasping Straws, Body<br>in Revolt, Jeremy Bursich,<br>Tea Wiggs (psych, grunge)<br>6pm TBA | Open Mic 7pm Free                            |                        |                         | [T] Human Expression Open Mic<br>7pm Free                                       |
| <b>OCEAN GROVE</b> 677-3543<br>480 Patrick's Pt. Dr., Trinidad     |                                                                                                 |                                              |                        |                         | [M] Dancehall Mondayz w/Rudelion<br>8pm \$5                                     |
| <b>REDWOOD CURTAIN BREW</b><br>550 S G St. #6, Arcata 826-7222     |                                                                                                 |                                              |                        |                         | [M] Open Bluegrass Jam 6pm Free                                                 |
| <b>SIDELINES</b><br>732 Ninth St., Arcata 822-0919                 | DJ Ray 10pm TBA                                                                                 | DJ Ray 10pm TBA                              | DJ Tim Stubbs 10pm TBA |                         |                                                                                 |
| <b>SIX RIVERS BREWERY</b> 839-7580<br>Central Ave., McKinleyville  | The Opera Alley Cats (jazz)<br>8pm Free                                                         |                                              |                        | Trivia Night 8pm Free   | [M] Karaoke with DJ Marv 8pm Free                                               |
| <b>TOBY &amp; JACKS</b><br>764 Ninth St., Arcata 822-4198          |                                                                                                 | Masta Shredda 10pm Free                      | DJ Ray 10pm Free       |                         | [T] Bomba Sonida w/DJ Pressure<br>10pm Free [W] Reggae w/Iron Fyah<br>10pm Free |

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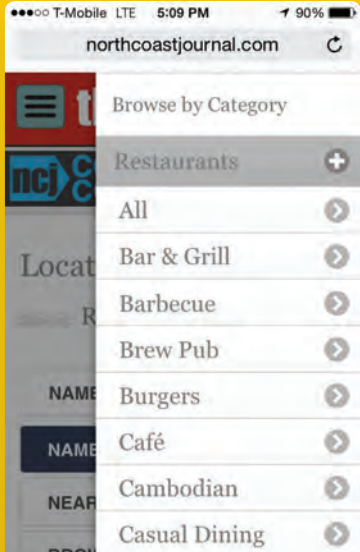
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Arcata and North on previous page

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|--------------------------------------------------------------------------------|----------------------------------------------------|---------------------------------------------------------------|-----------------------------------------|-----------|--------------------------------------------------------------------|
| <b>BANANA HUT</b><br>621 Fifth St., Eureka 443-3447                            |                                                    | Latino Night with DJ Pachanguero 10pm Free                    |                                         |           |                                                                    |
| <b>BEAR RIVER CASINO HOTEL</b><br>11 Bear Paws Way, Loleta 733-9644            | Ugly Sweater Contest + DJ Karaoke w/Casey 8pm Free | Jenni and David & the Sweet Soul Band (blues) 9pm Free        | The Mojo Rockers (blues, rock) 9pm Free |           |                                                                    |
| <b>CHAPALA CAFÉ</b><br>201 Second St., Eureka 443-9514                         |                                                    | Live Music 6pm Free                                           | Live Music 6pm Free                     |           |                                                                    |
| <b>EUREKA INN PALM LOUNGE</b><br>518 Seventh St., 497-6093                     | Brian Post and Friends 7pm Free                    | Ultra Secret (funky jazz) 9pm Free                            |                                         |           | [T] Anna Banana (blues) 8pm Free<br>[W] Comedy Open Mikey 9pm Free |
| <b>EUREKA THEATER</b><br>612 F St. 442-2970                                    | <i>The Thin Man</i> (film) 7:30pm \$5              |                                                               |                                         |           |                                                                    |
| <b>FERNBRIDGE MARKET RIDGETOP CAFE</b> 786-3900<br>623 Fernbridge Dr., Fortuna |                                                    |                                                               |                                         |           | [M] Open Mic 5:30pm Free                                           |
| <b>GALLAGHER'S IRISH PUB</b><br>139 Second St., Eureka 442-1177                | Seabury Gould and Evan Morden (Celtic) 6pm Free    | Papa Paul (folk, rock) 6pm Free                               |                                         |           |                                                                    |
| <b>GARBERVILLE THEATER</b><br>766 Redwood St. 923-3580                         |                                                    |                                                               |                                         |           | [T] Open Mic 7pm \$5                                               |
| <b>LIL' RED LION</b><br>1506 Fifth St., Eureka 444-1344                        |                                                    | Mister Moonbeam, Chamber Fables 54, The Monster Women 9pm TBA | Karaoke 9pm Free                        |           |                                                                    |
| <b>OLD TOWN COFFEE &amp; CHOC.</b><br>211 F St., Eureka 445-8600               | Open Mic w/Mike Anderson 6:30pm Free               |                                                               |                                         |           |                                                                    |
| <b>PEARL LOUNGE</b><br>507 Second St., Eureka 444-2017                         | DJ Pressure 9pm Free                               | D'Vinity 10pm Free                                            | Selecta Arms 10pm Free                  |           |                                                                    |
| <b>THE PLAYROOM</b><br>1109 Main St., Fortuna 725-5438                         |                                                    | DJ Stir Fry Willie 9pm TBA                                    |                                         |           |                                                                    |

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|----------------------------------------------------------------------|--------------------------------------|------------------------------------------------------------------------------------------------|------------------------------------------------|-----------|------------------------------------------------------------------------------|
| <b>SHOOTERS OFF BROADWAY</b><br>1407 Albee St., Eureka 442-4131      |                                      |                                                                                                |                                                |           | [W] Karaoke w/DJ Marv 9 pm Free                                              |
| <b>SIREN'S SONG TAVERN</b><br>325 Second St., Eureka 442-8778        |                                      | Black Metal Xmas with Void Omnia, Zelosis, Ghouland 8pm \$5                                    |                                                |           | [T] Signals (Latin death rock) 9pm                                           |
| <b>THE SPEAKEASY</b><br>411 Opera Alley, Eureka 444-2244             |                                      | The Eureka Pizza Council (jazz) 8:30pm Free                                                    | Buddy Reed and the Rip It Ups (blues) 9pm Free |           | [T] The Opera Alley Cats (jazz) 7:30pm Free [W] Ultra Secret (jazz) 8pm Free |
| <b>STONE JUNCTION BAR</b><br>744 Redway Dr., Garberville 923-2562    | Upstate Thursdays (DJ music) 9pm TBA |                                                                                                |                                                |           | [M] Pool Tournament 8:30pm \$10                                              |
| <b>TIP TOP GENTLEMAN'S CLUB</b> 6269 Loma Ave., Eureka 443-5696      |                                      | Kushmas at The Tip Top w/ 2CoolLyricCitea, 51-50, 3 kings, P.C.M.G. Foety, DJ Pressure 9pm TBA |                                                |           |                                                                              |
| <b>VICTORIAN INN RESTAURANT</b><br>400 Ocean Ave., Ferndale 786-4950 |                                      | Jeffrey Smoller (solo guitar) 6pm Free                                                         |                                                |           |                                                                              |
| <b>VISTA DEL MAR</b><br>91 Commercial St., Eureka 443-37700          |                                      |                                                                                                |                                                |           | [W] Karaoke Nights 9pm Free                                                  |

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# Happy Christmas

## A non-traditional playlist

By Andy Powell

thesetlist@northcoastjournal.com

At the Murphy's Market not far from my house this past Sunday, I got to chatting with Noah there about rock music in general and he made the astute point that Christmas seems to be the only holiday that is also a music genre. Christmas music for some may sound like Bing Crosby or Johnny Mathis, or it may sound a bit more like muzak played in a department store without the balls of a backbeat to keep it going. Countless artists we love and cherish have recorded Christmas songs or even full albums (I've been told to stay away from Bob Dylan's). As I had the gall to recommend an unprovoked Thanksgiving playlist a few weeks ago, I had been thinking about a Christmas rock playlist that deviated from the tried and tested. So with my thanks to Noah for his recommendation to include Yes into this playlist, and without any further ado — and in no particular order due to laziness — here are some recommended songs for this Christmas holiday (sorry, Hanukkah!).

At the front of my mind was Jethro Tull's "Christmas Song." Now the title makes it an obvious choice — don't worry, I'll try and get to even more obscure choices soon enough — but the instrumentation of sleigh bells, mandolin and galloping snare drum make it a perfect backdrop to some rather nontraditional yuletide lyrics. While we're at it, Tull's "My God" should make an appearance later in the night's playlist. With some biting and sarcastic references to the Church of England, plastic crosses and the "God of nothing," perhaps wait until your mass-attending grandmother leaves for this one. Yes' "I've Seen All Good People" is a bit of hit your family will recognize. The organ and harmonies during the "Your Move" section are beautiful and give them just enough for a holiday inclusion. Let's stick in the prog-rock vein here for a while longer. There were a few Genesis songs that popped into my mind but I ended up



The Mojo Rockers play Bear River Casino on Saturday, Dec. 24 at 9 p.m.

*Courtesy of the artists*

settling on "Stagnation," a tale of desired salvation and inheriting a world to come. From the rock opera *Tommy*, The Who's "Christmas" reminds us that being different (not knowing who Jesus was or what praying is) does not preclude a deeper wisdom from within.

Lightening things up a bit here, we move along The Beatles' "Christmas Time is Here Again" which brings a smile. A fitting follow up would be John and Yoko/Plastic Ono Band's "Happy Christmas" which is that little bit of honey to our dream of togetherness (war is over if we want it). Although the song is about some young'uns beating on a shopping mall Santa, The Kinks' "Father Christmas" is a fun one and, if nothing else, reminds us that physically abusing hourly employees is no laughing matter. Thin Lizzy's "Whiskey in the Jar" sneaks its way into my playlist, although probably toward the end of the night. Songs dealing with the afterlife get into this playlist for perhaps no other reason than that. The Talking Heads declare in their song "Heaven" that nothing really happens there so let's focus on our time we're guaranteed now eh? This subject matter yields to a good segue with Queen's "Who Wants to Live Forever?" which we could perhaps follow up with Pink Floyd's "Absolutely Curtains." Although this could sound like the end of the night, we can bring things back to a bit of a classical/renaissance vibe with Deep Purple's "April," which, to me, always sounded much more wintery and dark than its title implies, and parts of it are easily imagined as being performed by Sir Robin's minstrels in *Monty Python and the Holy Grail*. John Lord's Hammond organ provides the thread to then reconnect with Floyd on "Atom Heart Mother," which

could give your guests the hint that it's time to go. The Rolling Stones' "Winter" is a sublime track bringing things down to a gentler level and pairing well with Van Morrison's "Slim Slow Slider." I'll leave you with Neil Young's "Birds" for a kind look to the cold past and anticipation of a warmer tomorrow. We could all use a little warmth right now. (*Editor's note:* Andy has omitted "Fairy Tale of New York" by The Pogues and Stevie Wonder's "That's What Christmas Means to Me" because he thinks this is some kind of game.)

## Friday

It's going to be a sparse weekend of music as we prepare to celebrate/observe/binge drink our way through Christmas, Hanukkah, Kwanzaa and/or Festivus. If you want to get your pre-holiday party on, tonight's probably the night to get out there in that ugly-ass sweater of yours. The Mad River Brewery is hosting the **String Chickens**, a group of Humboldt State University alumni (many musicians up here are) who play fiddle songs and old timey tunes. I'm told their bass player also happens to play a pickle bucket bass. So there's that. As with most shows at the brewery, it's a 6 p.m. start, free and all ages. Also free and all ages, the accordion sounds of **Squeezebug** will be wafting through the enchanted forest of Cafe Mokka tonight at 8 p.m. Sit by the fire, sip some coffee, and listen to the frogs join in on the tunes. For something completely different (which the band names should tip you off), head to the Siren's Song Tavern in Eureka at the same time for some pre-Christmas metal. Locals **Ghoulhand** (darkwave soundscapes) and SoHum atmospheric black metal rockers **Zelosis** welcome fellow black metal-ers **Void**

**Omnia** from Oakland. It's \$5 for this metal fest and maybe leave the Xmas sweater at home (unless it's black and shredded up a bit).

## Saturday

Local heavy-hitters **The Mojo Rockers** are doing their thing at the Bear River Casino tonight 'round 9 p.m. If you've seen them before, you know they bring the blues, rock and funk to your earholes with some tasty covers thrown in for good measure. Dust off your mojo for this free show.

## Tuesday

So you survived the holidays and called in sick to work yesterday — good on you. Now that you're feeling a bit rested and ready to get back out there, you can ease into it tonight up at the Mad River Brewery for some jazz courtesy of **Blue Lotus Jazz**, which will be starting at 6 p.m. and playing for free.

## Wednesday

Didn't get enough jazz in last night at the Mad River Brewery? No sweat, you've got another chance tonight with the **RLA Jazz** trio. You know the drill, 6 p.m. and for free. Sip on a porter or a stout. ●

*Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.*

*Andy Powell is a congenital music lover and hosts The Night Show on KWPT 100.3 FM weeknights at 6 p.m. Bonus points for working Run DMC's "Christmas in Hollis" in somewhere.*



# Calendar

## December 22 - December 29, 2016



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Courtesy of Michael Dayvid and Dominic Romano

Baby, it's cold outside. Cold enough to chatter our teeth but not freeze our lagoons. Don't let that dash your *Cutting Edge* dreams, skaters. Head to the **Humboldt Ice Rink** in Fortuna's **Newburg Park** now through **Jan. 8** (\$12, \$8 kids, rental included). See [www.humboldticerink.com](http://www.humboldticerink.com) for the schedule and start carving out those figure eights.

Winter break is long, parents. Take the kids to celebrate the magic of reading with **Magician Dale Lorzo** on **Thursday, Dec. 22 at 3 p.m.** in the **Fortuna Library** (free). The Master of Mirth and Magic mixes stories, illusions and games with audience participation. Little ones receive a free book to keep them entertained at home.

You don't have to wait to send 2016 packing. (And why would you?) Dress in full feather and dance the night away with local musicians Michael Dayvid and Dominic Romano at the **Pre-New Year's Eve Blues** event on **Tuesday, Dec. 27 from 8 to 10:30 p.m.** at **Arcata Core Pilates Studio** (\$5). There'll be cider and treats for snacking. Bring something to share.



The Thin Man



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## Best Laid Plans

Need a break before the holidays hit this weekend? Spend some time with a couple of couples at the **Eureka Theater** and the **Arcata Theatre Lounge**. Sure, other theaters have the explosion-riddled blockbusters but the aim here is to reduce stress, not add to it. The lines will be shorter, the crowds less frenetic and the scenes playing out on the screen more nostalgic. That's how to take in a movie during the holidays, right? Plus, booze.

On **Thursday, Dec. 22**, order a martini (or six to catch up) in the lobby of the elegant **Eureka Theater** and watch William Powell and Myrna Loy as Nick and Nora Charles, an ex-detective and his socialite wife (and their little dog Asta, too) spend the holidays solving a murder mystery with wit and style in **The Thin Man** showing at **7:30 p.m.** (\$5). They're a tad drunk and so might you be. It's like spending time with family so don't feel guilty about stepping out.

Next stop, Arcata. Travel halfway across the country with Steve Martin and John Candy in **Planes, Trains and Automobiles** playing at the **Arcata Theatre Lounge** on **Friday, Dec. 23 at 8 p.m.** (\$5). The comedic giants star as Neal and Del, two guys who couldn't be more different, yet are stuck with each other trying to get home for the holidays amid a series of madcap mishaps that play out with hilarity and heart. If you think it's bad when 299 is closed ...

At five bucks a pop, these flicks buy you a nice reprieve from the holiday madness. Go on, give yourself the gift of sanity. Your family will thank you for it.

— Kali Cozyris

## A little Holiday Help?

Not sure if you made the Nice List this year? Fear not. The Season of Giving offers plenty of opportunity to get in good graces. That sweater Aunt Tilda knitted you three Christmases ago that's still keeping the hanger warm? Chuck it into a Goodwill box. Winter coats, new socks and canned goods are all cherished by local organizations that help those in need. Here are a few places to start.

**Food For People**, which provides food assistance in Humboldt County, has holiday donation bags and drop sites across the county. Visit [www.foodforpeople.org](http://www.foodforpeople.org) for a full list of donation drop sites. They are also in need of holiday hams and turkeys. Donations can be dropped off daily from 9 a.m. to 4:30 p.m. at the food bank, 307 W. 14th St. in Eureka, next to the DMV.

The **Eureka Rescue Mission** is always looking for volunteers to help serve Christmas meals.

If you are interested in ladling out some kindness, give a call at 445-3787. The staff is also looking for gently used items for its thrift store, as well as food for its shelters. If you'd like to donate, call 443-2523.

Light up a kid's face this Christmas morning by making sure he or she is included in Santa's delivery. Drop off new toys for kids in need at **Toys for Tots** collection boxes placed throughout the community. Find locations or info about toy drives at [www.eureka-ca.toysfortots.org](http://www.eureka-ca.toysfortots.org). There are also a number of animal rescue and shelter organizations that need pet food, cat litter, used newspapers, hay, grain, dog-walking volunteers and more. Check out **Miranda's Rescue's** website at [www.mirandasrescue.org/](http://www.mirandasrescue.org/) links for a list of local animal rescue groups.

— Kali Cozyris

## 22 Thursday

### ART

**Figure Drawing Group.** 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

### MOVIES

**The Thin Man.** 7:30 p.m. Eureka Theater, 612 F St. William Powell stars as the dapper former gumshoe alongside Myrna Loy as his witty socialite wife in the novel adaptation that launched five sequels. \$5. [www.theeurekatheater.org](http://www.theeurekatheater.org).

### FOR KIDS

**Magician Dale Lorzo.** 3-4 p.m. Fortuna Library, 753 14th St. The Master of Mirth and Magic entertains kids of all ages with tricks, stories and games. Free. [forhuml@co.humboldt.ca.us](mailto:forhuml@co.humboldt.ca.us). 725-3460.

**Thursday Storytime.** 10-11 a.m. Fortuna Library, 753 14th St. Fortuna Library presents a weekly morning storytime. Free. [forhuml@co.humboldt.ca.us](mailto:forhuml@co.humboldt.ca.us). [www.humboldt.gov.org/296/Fortuna-Library](http://www.humboldt.gov.org/296/Fortuna-Library). 725-3460.

**Young Discoverers.** 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. A unique drop-off program for children ages 3-5. Stories, music, crafts, yoga and snacks. \$8, \$6 members. [redwooddiscoverymuseum@gmail.com](mailto:redwooddiscoverymuseum@gmail.com). [www.discovery-museum.org](http://www.discovery-museum.org). 443-9694.

### SPORTS

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. Skate rental included. See website for schedule. \$12, \$8 kids. [www.humboldticerink.com](http://www.humboldticerink.com).

### ETC

**Humboldt Cribbage Club.** 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

**Sip and Knit.** 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

**Standard Magic Tournament.** 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. [nugamesonline@gmail.com](mailto:nugamesonline@gmail.com). [www.nugamesonline.com](http://www.nugamesonline.com). 497-6358.

## 23 Friday

### DANCE

**World Dance.** 8 p.m. St. Alban's Episcopal Church, 1675 Chester Ave., Arcata. Humboldt Folk Dancers sponsor teaching and easy dances at 8 p.m. followed by request dancing 9 p.m. \$3. [g-b-deja@sbcglobal.net](mailto:g-b-deja@sbcglobal.net). [www.stalbansarcata.org](http://www.stalbansarcata.org). 839-3665.

### MOVIES

**Planes, Trains & Automobiles (1987).** 8 p.m. Arcata Theatre Lounge, 1036 G St. "Train don't run outta Wichita. Less'n yer a hog or a cattle." \$5. [www.arcatatheatre.com](http://www.arcatatheatre.com).

### FOR KIDS

**Family Storytime.** 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. [www.humlib.org](http://www.humlib.org). 725-3460.

### SPORTS

**BMX Friday.** 4:30-6:30 p.m. Redwood Empire BMX, 3750

Continued on next page »



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10:30 pm Carols

11:00 pm Festive Midnight  
Mass

### Christmas Day

10:30 am Festive Eucharist



## Calendar

Continued from previous page

Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. [www.facebook.com/RedwoodEmpireBmx](http://www.facebook.com/RedwoodEmpireBmx). 407-9222.

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

**Public Skating.** 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

### ETC

**Solidarity Fridays.** 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. [www.NorthCoastPeoplesAlliance.org](http://www.NorthCoastPeoplesAlliance.org).

## 24 Saturday

### FOR KIDS

**Story Time with Kathy Frye.** Fourth Saturday of every month, 11-11:30 a.m. Rio Dell Library, 715 Wildwood Ave. Featuring puppets and more designed for children ages 0-5. Free. [riohuml@co.humboldt.ca.us](mailto:riohuml@co.humboldt.ca.us). <https://www.facebook.com/RioDellLibrary>. 764-3333.

### OUTDOORS

**Arcata Marsh Tour.** 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Ken Burton. Free. 826-2359.

**Audubon Society Arcata Marsh Bird Walk.** 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Walk leader is Christine Keil. Free. [www.ras.org/calendar](http://www.ras.org/calendar).

### SPORTS

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

**Public Skating.** 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Dec. 23 listing.

### ETC

**Women's Peace Vigil.** 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

**Yu-Gi-Oh! Standard League.** 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. [nugamesonline@gmail.com](mailto:nugamesonline@gmail.com). [www.nugamesonline.com](http://www.nugamesonline.com). 497-6358.

## 25 Sunday

### MUSIC

**Bayside Grange Music Project.** 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. [gregg@relevantmusic.org](mailto:gregg@relevantmusic.org). [www.relevantmusic.org/Bayside](http://www.relevantmusic.org/Bayside). 499-8516.

### FOR KIDS

**Lego Club.** 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos and more complex pieces. Free with museum admission. [redwooddiscoverymuseum@gmail.com](mailto:redwooddiscoverymuseum@gmail.com). [www.discovery-museum.org](http://www.discovery-museum.org). 443-9694.

**Pokémon Trade and Play.** 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. [nugamesonline@gmail.com](mailto:nugamesonline@gmail.com). [www.nugamesonline.com](http://www.nugamesonline.com). 497-6358.

### FOOD

**Food Not Bombs.** 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

### SPORTS

**BMX Practice and Racing.** 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. [www.facebook.com/RedwoodEmpireBmx](http://www.facebook.com/RedwoodEmpireBmx). 407-9222.

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

### ETC

**Family Game Day.** 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. Free. [www.nugamesonline.com](http://www.nugamesonline.com). 497-6358.

## 26 Monday

### DANCE

**Let's Dance.** 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Let's dance to live music including swing standards and roots country. Everyone welcome. Tonight dance to the Delta Nationals. \$5. [www.facebook.com/humboldt.grange](http://www.facebook.com/humboldt.grange). 725-5323.

### MEETINGS

**Volunteer Orientation.** 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. [panderson@foodforpeople.org](mailto:panderson@foodforpeople.org).

### SPORTS

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

### OTHER

**Fernbridge Market Ridgetop Cafe** 786-3900, 623 Fernbridge Drive, Fortuna. **Open Mic.** 5:30-9 p.m. Free. Open mic night

## 27 Tuesday

### DANCE

**Pre-New Year's Eve Blues.** 8-10:30 p.m. Arcata Core Pilates Studio, 901 Eighth St. Michael Dayvid and Dominic Romano perform for a night of music and dancing. Semi-formal to formal attire. Cider and treats. Bring something to share. \$5. [burgundybluesdance@gmail.com](mailto:burgundybluesdance@gmail.com).

### FOR KIDS

**Arcata Family Resource Center Playgroup.** 10 a.m.-noon. Arcata Elementary School, 2400 Baldwin St. Playgroup for children 0-5 and their parents and caregivers. 826-1002.

**Grandparents and Books Storytime.** 3-4:30 p.m. Fortuna Library, 753 14th St. Children of all ages welcome to afternoon storytime with "grandparent" storyteller Cynthia. Free. [forhuml@co.humboldt.ca.us](mailto:forhuml@co.humboldt.ca.us). [www.humboldt.gov.org/296/Fortuna-Library](http://www.humboldt.gov.org/296/Fortuna-Library). 725-3460.

**Playgroup.** 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. Come to the museum for stories, crafts and snacks. Free for children age 0-5 and their caregivers. Free. [redwooddiscoverymuseum@gmail.com](mailto:redwooddiscoverymuseum@gmail.com). [www.discovery-museum.org](http://www.discovery-museum.org). 443-9694.

**Pokémon Trade and Play.** 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Dec. 25 listing.



## OUTDOORS

**Slower-Speed Arcata Marsh Tour.** Last Tuesday of every month, 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A tour for attendees with mobility issues and those who are unable to keep up on regular walks. Meet at the first I Street parking lot (in from Samoa) of the Arcata Marsh. Free. 822-3475.

## SPORTS

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

## ETC

**Bingo.** 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

**Board Game Night.** 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. [www.nugamesonline.com](http://www.nugamesonline.com). 497-6358.

**Ferndale Cribbage.** 10 a.m. Our Savior's Lutheran Church, 425 Shaw St., Ferndale. Cards and pegs.

## COMEDY

**The Jam** 822-4766, 915 H St., Arcata. **Savage Henry Comedy Night.** 8 p.m. \$5. Local and out of town comedians bring the ha-has.

# 28 Wednesday

## MOVIES

**Sci Fi Night ft. *The Borrowers* (1973).** 6 p.m. Arcata Theatre Lounge, 1036 G St. An 8-year-old boy discovers a family of tiny people, only a few inches tall, living beneath the floorboards of a Victorian country home. Free w/\$5 food or beverage purchase.

## FOR KIDS

**Storytime.** 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

## SPORTS

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

## ETC

**Casual Magic.** 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. [www.nugamesonline@gmail.com](http://www.nugamesonline@gmail.com). [www.nugamesonline.com](http://www.nugamesonline.com). 497-6358.

**Community Board Game Night.** Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. [osslnrcp@northcoast.com](mailto:osslnrcp@northcoast.com). [www.baysidegrange.org](http://www.baysidegrange.org). 444-2288.

## COMEDY

**Palm Lounge, Eureka Inn** 497-6093, 518 Seventh St.. **Comedy Open Mikey.** 9 p.m. Free. Hosted by Nando Molina with beats by Gabe Pressure.

# 29 Thursday

## ART

**Figure Drawing Group.** 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Dec. 22 listing.

## FOR KIDS

**Thursday Storytime.** 10-11 a.m. Fortuna Library, 753 14th

St. See Dec. 22 listing.

**Young Discoverers.** 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. See Dec. 22 listing.

## SPORTS

**Humboldt Ice Rink.** 2017. Newburg Park, 2700 Newburg Road, Fortuna. See Dec. 22 listing.

## ETC

**Community Board Game Night.** Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. See Dec. 28 listing.

**Humboldt Cribbage Club.** 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. See Dec. 22 listing.

**Sip and Knit.** 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Dec. 22 listing.

**Standard Magic Tournament.** 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Dec. 22 listing.

# Heads Up ...

**The Point-in-Time** homeless count scheduled for Jan. 31 seeks help with the count as well as donations of food for count volunteers and new socks for the homeless participating in the survey. Call 441-5520 or visit [www.humboldthousing.org](http://www.humboldthousing.org).

**The Humboldt Arts Council** invites community members to submit collections for the show: *Humboldt Collects!* To submit, send a completed submission form, which can be downloaded at [www.humboldtarts.org](http://www.humboldtarts.org) and up to three hi-res (300 dpi, 1mb) digital images to [jemima@humboldtarts.org](mailto:jemima@humboldtarts.org) by Jan. 20.

**The Arcata City Council** seeks volunteer members for Arcata's new Public Safety Task Force. Applications are available online at [www.cityofarcata.org](http://www.cityofarcata.org), and at the City Manager's Office, 736 F St., Arcata, during business hours. Applications accepted until positions are filled. Call 822-5953.

**AARP tax volunteers needed.** No tax return experience needed, but volunteers should have basic computer skills. Call 268-3972 or 362-0759, or visit [www.aarp.org/taxaide](http://www.aarp.org/taxaide).

**Join Redwood Region Audubon Society** for the 116th annual North American Christmas Bird Count from Dec.17-Jan.2. For information about sites/contacts, visit [www.rras.org](http://www.rras.org).

**Food for People** is in need of holiday hams and turkeys. Donations can be dropped off daily from 9 a.m to 4:30 p.m. at the food bank, 307 W. 14th St. in Eureka, next to the DMV.

**Humboldt State University's Humboldt International Film Fest** announces the call-to-entry for local films. Deadline is midnight Feb. 28. Entry fee is \$10 for Humboldt County residents. Free for HSU students and alumni. Go to [www.hsufilmfestival.com](http://www.hsufilmfestival.com), call 826-4113 or email [filmfest@humboldt.edu](mailto:filmfest@humboldt.edu).

**The McKinleyville Community Services District** announces two regular voting member vacancies and one alternate member vacancy on the Recreation Advisory Committee. Mail letters of application to the MCSD, Attn: Lesley Frisbee, P.O. Box 2037, McKinleyville, CA 95519. Contact the Parks and Recreation Office at 839-9003.

**North Coast Community Garden Collaborative** seeks donated garden supplies, monetary donations and/or volunteers. For more information, contact 269-2071 or [debbiep@nrsrca.org](mailto:debbiep@nrsrca.org).

**Volunteers needed** for the Arcata Marsh Interpretive Center. Call 826-2359 or email [amic@cityofarcata.org](mailto:amic@cityofarcata.org).

**Volunteers wanted** for Eureka VA clinic. Call 269-7502.

## Filmland

# Dark Sides

## *Rogue One* and *Collateral Beauty*

By John J. Bennett

[filmland@northcoastjournal.com](mailto:filmland@northcoastjournal.com)

## Reviews

**ROGUE ONE: A STAR WARS STORY.** An unpleasant combination of factors still leaves me feeling ambivalent about *The Force Awakens*, even all these months later: the vast and vapid pre-hype; Disney's marketing push penetrating every sector of consumer culture; the lingering memory of the first round of prequels, then of the re-touched, re-released (it could be argued, ruined) original movies. And underlying all of that, the fact that the new movie, despite its warmth and sure-footedness, didn't feel new. At the same time, it didn't really feel vintage either, despite director JJ Abrams and company's commendable efforts to evoke the look and feel of George Lucas' creations. *The Force Awakens* felt like a synthesis of all the elements of all the *Star Wars* movies preceding it, for good and bad. Its famil-

arity struck me as cloying, practiced, trying a little too hard to make us like it. (Although, in the movie's defense, a friend recently and astutely said that he sees it as a successful corrective to the trespasses of the earlier prequels. I am considering it.)

*Rogue One*, by contrast, reminds me of the original *Star Wars* movies — and my reaction to them — in a childlike, visceral way. But it also makes use of the cinematic technological advancements of the last three decades to enrich the experience, and to move the enterprise forward. I find it a more fitting, more exciting, better-executed re-entry into this world than its recent predecessor.

Twenty years before the events of *Star Wars* (1977), in the early days of the Galactic Empire,

*Continued on next page »*



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## Filmland

Continued from previous page

Galen Erso (Mads Mikkelsen), leads a simple life with his wife and young daughter on a grassy, sparsely populated planet. But Galen's skills are in demand, and his attempt to serve his conscience and distance himself from the machinations of the Empire is not looked upon kindly. Orson Krennic (Ben Mendelsohn) is dispatched to retrieve him so that he might contribute to the construction of what will become the Death Star. Galen relents, knowing that resistance is futile, but not quickly enough to prevent tragedy. Devastated, he rejoins Krennic, leaving his daughter in the care of Saw Gerrera (Forest Whitaker). Fifteen years later, Galen's daughter Jyn (Felicity Jones), raised as a warrior by Saw and then left on her own, is in prison. Word of her lineage spreads to the top tier of the Rebel Alliance. The rebels spring Jyn from jail, only to hold her captive and compel her to help find her father. Supposedly, he dispatched a defector, Bodhi (Riz Ahmed), with a coded message for the Alliance, but Bodhi has been captured by Saw and his extremist rebel cadre. Jyn is placed in the charge of Cassian Andor (Diego Luna), a seasoned operative and assassin, along with a reprogrammed Imperial droid called K2SO (Alan Tudyk). She is promised freedom in exchange for locating and contacting Saw but things go sideways from the jump. Jyn, Cassian and K2SO fall in with a Zatoichi type (Donnie Yen) and his hard hitting partner Baze Malbus (Wen Jiang), and are caught in the crossfire when Saw's forces attack an Imperial detachment.

All I knew about director Gareth Evans up to this point consisted of favorable reviews of his debut *Monsters* (2010) and a keen sense of disappointment in his *Godzilla* (2014). The trailer for the latter was one of the finest I've ever seen, cutting together stunning visuals with chilling sound design to create an air of menace and majesty. *Godzilla* contained those elements but they were so diluted by unnecessary plot and over-length that they were all but lost. To be honest, there are stretches of *Rogue One* that could be said to suffer from the same impulses. But the story, the characterizations, the acting and the aesthetic are strong enough to override minor pacing problems. The plot remains labyrinthine, transiting among planets and zooming through

hyperspace, but Evans' sense of the narrative keeps it coherent and compelling. And he follows through on the visual promise of *Godzilla*, working to create a distinct look and feel for his *Star Wars* story. He tips his hat to the originals, particularly in the aerial battle sequences — there's a spectacular one that essentially closes out the movie — but doesn't get caught up in trying to copy. Instead, he ranges out and finds a visual language that is unique but inspired by the material upon which this story is built. Equally important, *Rogue One* does not shy away from darkness and moral ambiguity. There is no guarantee that everybody will make it out alive and some good people will do some assuredly nasty things in service of the greater good. There is a complexity to the characters and motivations here that is heretofore unseen in the *Star Wars* universe, and it adds a vital weight and dimension to the movie. Of course there's also the stellar cast, impeccably choreographed battle sequences, good jokes and the best droid yet. PG13. 113m. BROADWAY, FORTUNA, MILL CREEK, MINOR.

**COLLATERAL BEAUTY.** When I asked my wife if she'd like to join me for this one and gave her a brief plot summary, she replied, "Well that sounds awful." And it was.

Howard (Will Smith), justifiably despondent over the death of his 6-year-old daughter and the subsequent dissolution of his marriage, has checked out of life. He doesn't eat or sleep, much less maintain his business relationships. His advertising company — seemingly the only one in history devoid of cynicism — is in financial trouble. His partners hire a private investigator to tail Howard. She intercepts letters he's written to three abstractions: Love (Keira Knightley), Death (Helen Mirren) and Time (Jacob Latimore). The partners (played by Edward Norton, Michael Peña and Kate Winslet) hire actors to embody these abstractions and engage with Howard in an attempt to prove him *non compos mentis* and expedite the sale of the company. It's a maudlin exercise in dicey magical realism and it doesn't really work, in spite of the high-powered cast and considerable production value.

I have to admit, though, that after being hammered by sentimentality against an anvil of quasi-philosophy for an hour and a half, I was momentarily moved. But then I came back to my senses. PG13. 97m. BROADWAY, MILL CREEK.

— John J. Bennett

For showtimes, see the Journal's listings at [www.northcoastjournal.com](http://www.northcoastjournal.com) or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill



Vanity Fair's "Hot Rebellions" issue.

*Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.*

## Previews

**ASSASSINS CREED.** Michael Fassbender stars as a con who's forced to channel his hit-man ancestors in this video game adaptation featuring secret societies and cool hoodies in 15th century Spain. PG13. 115m. BROADWAY, FORTUNA, MILL CREEK.

**FENCES.** Denzel Washington directs and stars as a father raising a family amid the tumult and racism of the 1950s. PG13. 139m. BROADWAY, MILL CREEK.

**LION.** A man who was separated from his family on a train across India as a small boy tries to find his long-lost home and family. PG13. 118m. BROADWAY.

**MANCHESTER BY THE SEA.** A man with a past (Casey Affleck, fittingly) returns to his hometown to look after his dead brother's kid. With Michelle Williams. R. 137m. MINOR.

**PASSENGERS.** Jennifer Lawrence and Chris Pratt play a pair of space travelers who, like a holiday traveler without Ambien/cash for the drink cart, wake up way too early in the flight and find themselves in trouble. PG13. 130m. BROADWAY, MILL CREEK, FORTUNA.

**SING.** A koala trying to save his theater holds a singing competition with a menagerie of hopefuls in this animated musical. Starring Matthew McConaughey and Reese Witherspoon. PG. 108m. BROADWAY, MILL CREEK, FORTUNA.

**WHY HIM?** Ryan Cranston plays a father out to oust his daughter's (Zoey Deutch) wildly inappropriate boyfriend (James Franco). R. 111m. BROADWAY, MILL CREEK.

## Continuing

**CHRISTINE.** Based on the grim on-air death of a Florida TV news reporter (Rebecca Hall) with thwarted ambitions and a crumbling personal life. You know, a fun journalism movie. R. 119m. MINIPLEX.

**FANTASTIC BEASTS AND WHERE TO FIND THEM.** Director David Yates and company create

a vast, fascinating, Potter-esque atmosphere but the action is antic, rambling and insubstantial. Starring Eddie Redmayne. PG13. 133m. BROADWAY, MILL CREEK.

**HANDMAIDEN.** A young woman on the grift in Japanese-occupied Korea poses as a servant and gets involved with the woman she's supposed to con. Starring Tae-ri Kim and Min-hee Kim. NR. 144m. MINIPLEX.

**HARRY AND SNOWMAN.** Documentary about a man who rescues a busted farm horse and turns it into a champion show jumper. See if 2016 left you any tears to cry. NR. 84m. MINIPLEX.

**IT'S A WONDERFUL LIFE (1946).** Jimmy Stewart and Donna Reed star in Frank Capra's Christmas classic. PG. 130m. BROADWAY.

**THE LOVE WITCH.** Arcata-filmed retro comedy-horror with a witch looking for love in all the wrong potions. PG13. 120m. MINIPLEX.

**LOVING.** Ruth Negga and Will Dalton star as the married couple who took Virginia's anti-miscegenation law to the Supreme Court in 1967. PG13. 123m. MINOR.

**MISS SLOANE.** Jessica Chastain stars as a lobbyist who takes her formidable skills, cutthroat tactics and alien poise to the gun control fight. R. 132m. BROADWAY.

**MOANA.** A young navigator (actual Hawaiian Auli'i Cravalho) enlists the reluctant aid of a demigod (actual demigod Dwayne Johnson) on a sea voyage to save her home from destruction in this Disney animated feature. PG. 113m. BROADWAY, MILL CREEK.

**MOONLIGHT.** Attention to the little things and small, powerful moments make for a much wider and more hopeful picture of the world in this three-part coming-of-age-and-beyond story. Starring Mahershala Ali. PG13. 111m. MINOR.

**OFFICE CHRISTMAS PARTY.** The jokes come fast and furious until the script loses punch and polish in the second act. The cast is great but the party isn't as wild as the trailer suggests and the resolution is as cute and convenient as expected. R. 105m. BROADWAY.

— Jennifer Fumiko Cahill ●

**MOVIES & EVENTS**  
Dec 23-Dec 28  
Fri Dec 23 – Planes, Trains & Automobiles (1987), Doors @ 7:30 PM, Movie @ 8 PM, \$5, Rated R.  
Wed Dec 28 – Sci Fi Night: The Borrowers (1973), Doors @ 6 PM All ages, Free w/\$5 food & bev purchase.  
Upcoming Shows!  
2/1 – Karl Denson's Tiny Universe, Doors @ 8 PM, Tix @ ATL/Wildberries/People's Records/The Works, 21+.  
2/26 – Chicano Batman, Doors @ 8 PM, Tix @ ATL/Wildberries/People's Records/The Works, 21+.  
**Arcata Theatre Lounge**  
[arcatatheater.com](http://arcatatheater.com) • 822-1220 • 1036 G St.



# Workshops & Classes

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Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

## Arts & Crafts

**POTTERY CLASSES AT FIRE ARTS:** Winter Session January 2 - March 11, 2017 Full schedule of classes @fireartsarcata.com or call 707-826-1445. Sign up today! 520 South G St. Arcata (AC-1222)

**WATERCOLOR @ PLUM BLOSSOM STUDIO, ARCATA** Learn basic watercolor techniques with mindfulness practice. A perfect holiday gift. 7 Fridays: 01/06-02/17; 03/03-04/14; 04/28-06/09. Mornings 9:30-12, or afternoons 1-3:30. \$145 (6 spaces) (707) 601-9955 [www.thaoart.biz](http://www.thaoart.biz)

## Dance/Music/Theater/Film

**BEGINNING RUEDA DE CASINO, CUBAN SALSA.** 6-wk dance series starts Jan 4. Dance in a wheel of couples to great Cuban music. Wednesdays Beg. 7-8pm, Int. drop-in 8-9pm, Redwood Raks, 824 L St. Arcata. (707) 822-2652 [jacaronda@gmail.com](mailto:jacaronda@gmail.com) <https://sites.google.com/site/arcatarueda/home>

**GUITAR/PIANO LESSONS.** All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-1229)

**REDWOOD RAKS WORLD DANCE STUDIO, OLD CREAMERY IN ARCATA.** Belly Dance, Swing, Tango, Hip Hop, Zumba, African, Samba, Capoeira and more for all ages. (707) 616-6876 [www.redwoodraks.com](http://www.redwoodraks.com) (DMT-1229)

**STEEL DRUM CLASSES.** Beginning Classes Level 1 Fri's. 10:00-11:00a.m. Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. [panartsnetwork.com](http://panartsnetwork.com) (DMT-1229)

**SYNOPSIS ANNOUNCES NEW AERIAL, DANCE, AND YOGA CLASSES!** Come learn aerial silks, Lyra (hoop), yoga, and contemporary dance. Classes every day at our new space in Eureka. Synopsis Nova 212 G Street, Eureka. Full schedule at: [www.synopsisperformance.com](http://www.synopsisperformance.com) Questions: 707-616-3104, [synapsiseureka@gmail.com](mailto:synapsiseureka@gmail.com) (DMT-1229)

**WEST AFRICAN DRUM CLASS** All Level Community Class Fridays 6-8pm  
Held at Organic Matters Ranch Barn  
6821 Myrtle Ave, Eureka (Freshwater)  
Contact Heather 707-834-3610  
Extra drums available to borrow or purchase (DMT-1229)

**WILL YOU BE READY FOR HUMBOLDT'S DANCE EVENT OF THE YEAR?** Learn West & East Coast Swing, Lindy Hop, Rumba, Waltz, & Foxtrot, in monthly group classes January through March with Dance with Debbie. No partner required, all levels welcome. Join us in celebrating the annual Redwood Coast Music Festival! (707) 464-3638, [debbie@dancewithdebbie.biz](mailto:debbie@dancewithdebbie.biz) (D-0316)

## Fitness

**NORTH COAST FENCING ACADEMY.** Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: [northcoastfencingacademy@gmail.com](mailto:northcoastfencingacademy@gmail.com) or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, [northcoastfencing.tripod.com](http://northcoastfencing.tripod.com) (F-1229)

**SUN YI'S ACADEMY OF TAE KWON DO.** Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit [www.sunyisarcata.com](http://www.sunyisarcata.com), 825-0182. (F-1229)

**ZUMBA WITH MARLA JOY.** Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 [marlajoy.zumba.com](http://marlajoy.zumba.com) (F-1229)

## 50 and Better

**OSHER LIFELONG LEARNING INSTITUTE (OLLI).** Offers dynamic classes for people age 50 and over. Call 826-5880 or visit [www.humboldt.edu/olli](http://www.humboldt.edu/olli) to register for classes (O-1229)

**POTTERY CLASSES AT FIRE ARTS:** Winter Session January 2 - March 11, 2017 Full schedule of classes @fireartsarcata.com or call 707-826-1445. Sign up today! 520 South G St. Arcata (O-1222)

## Spiritual

**ANNUAL NEW YEAR'S VAJRASATTVA RETREAT.** Buddhist purification practice with Lama Gerry Prindiville at Rangjung Yeshe Gomde CA in Leggett. Dec. 27-Jan. 2. Visit [gomdeusa.org](http://gomdeusa.org) for registration. (S-1222)

**ARCATA ZEN GROUP MEDITATION.** Beginners welcome. ARCATA: Sunday 7:55 a.m. at Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. EUREKA: Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more information call 826-1701 or visit [arcatazengroup.org](http://arcatazengroup.org). (S-1229)

**HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP.** We are here to change lives with our love. Services at 9am and 11am on Sunday. Child care is provided at 9am. Children's religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, [www.huuf.org](http://www.huuf.org). (S-1222)

**KDK ARCATA BUDDHIST GROUP.** Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m., Community Yoga Center 890 G St., Arcata. Contact Lama Nyugu (707) 442-7068. [Fierro\\_roman@yahoo.com](mailto:Fierro_roman@yahoo.com). [www.kdkarcatagroup.org](http://www.kdkarcatagroup.org) (S-1229)

**NON-RELIGIOUS BUDDHIST STUDY AND PRACTICE** with Tobin Rangdrol at Arcata School of Massage. Nov. 8 & 29, Dec. 13, Jan 10. 6:30-8:30 p.m. Free. Visit [freebuddhism.org](http://freebuddhism.org) or call (707) 407-7300. (S-0105)

**TAROT AS AN EVOLUTIONARY PATH.** Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 [www.tarotofbecoming.com](http://www.tarotofbecoming.com) (S-1229)

## Therapy & Support

**ALCOHOLICS ANONYMOUS.** We can help 24/7, call toll free 1-844 442-0711. (T-1229)

**SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS?** Confidential help is available. 825-0920, [saahumboldt@yahoo.com](mailto:saahumboldt@yahoo.com) or (TS-1229)

**SMOKING POT? WANT TO STOP?** [www.marijuana-anonymous.org](http://www.marijuana-anonymous.org) (T-1229)

## Wellness & Bodywork

**FOOT REFLEXOLOGY CERTIFICATION** Learn to relieve pain, improve alignment and body mechanics, promote detoxification and more. Combination in class and home study program begins February 17. Early registration discount. Alexandra Seymour ARC Board Certified Reflexologist at the Center for Reflexology 707-822-5395 or [as@reflexologyinstruction.com](mailto:as@reflexologyinstruction.com) (W-0202)

**DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL.** Herbal Adventure to Hawaii. Jan 14-21, 2017, Experience a Kava-Kava Ceremony, traditional uses for local plants, an herbal spa day, lush beaches, yoga, hikes, delicious organic food and more! Beginning with Herbs. Jan 25 - Mar 15, 2017, 8 Wed. evenings. Learn the basics of herbalism from medicine-making to first aid. 10-Month Herbal Studies Program. Feb. - Nov. 2017. Meets 3rd weekend monthly with several field trips. 130-hour program for the serious herb student; includes material medica, herbal therapeutics, flower essences, wild plant ID, sea vegetables and so much more! Medicinal Cannabis Conference. April 29-30, 2017. Advance your knowledge base on Cannabis to the next level with renowned experts in the field! Register online [www.dandelionherb.com](http://www.dandelionherb.com) or call (707) 442-8157. (W-0112)

**T'AI CHI WITH MARGY EMERSON** The upcoming winter and spring terms will conclude Margy's 28 years of teaching T'ai Chi sequences. At 1049 C Samoa Blvd., Arcata (K St. & Samoa). The 10-week winter term starts Jan. 10. New students can enroll in Long Form Wu Style T'ai Chi and/or the T'ai Chi Sources class which includes posture, breathing, qigong, Push Hands, Silk Reeling, meditation, and the Tao Te Ching. Begin as late as the third week. Visit a class with no obligation to pay or enroll. For details: [www.margaretemerson.com](http://www.margaretemerson.com) or 822-6508. (W-0105)

**YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG.** Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-1229)

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NOTICE OF PETITION TO  
ADMINISTER ESTATE OF  
CARY DAVID BELLAK  
CASE NO. PR160347

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, CARY DAVID BELLAK A PETITION FOR PROBATE has been filed by Petitioner, MARGARET ANNE BELLAK

In the Superior Court of California, County of Humboldt. The petition for probate requests that MARGARET ANNE BELLAK be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.)

The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on December 29, 2016 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice

form is available from the court clerk.

ATTORNEY FOR PETITIONER:  
Leon A. Karjola  
732 Fifth Street, Suite C  
Eureka, CA 95501  
707-445-0804  
December 8, 2016  
SUPERIOR COURT OF CALIFORNIA  
COUNTY OF HUMBOLDT

12/15, 12/22, 12/29 (16-312)

**Title Order Number: 158560  
Loan: 6504901 File: PFI-160857  
A.P.N.: 525-271-008-000  
NOTICE OF TRUSTEE'S SALE  
UNDER DEED OF TRUST YOU  
ARE IN DEFAULT UNDER A  
DEED OF TRUST DATED 3/17/  
2009. UNLESS YOU TAKE  
ACTION TO PROTECT YOUR  
PROPERTY, IT MAY BE SOLD AT  
A PUBLIC SALE. IF YOU NEED  
AN EXPLANATION OF THE  
NATURE OF THE PROCEEDING  
AGAINST YOU, YOU SHOULD  
CONTACT A LAWYER.**

NOTICE is hereby given that Placer Foreclosure, Inc., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: Gary Redenius And Nancy Redenius, Husband And Wife Recorded 3/23/2009 as Instrument No. 2009-5951-15 in book, page of Official Records in the office of the Recorder of Humboldt County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 9/8/2016 in Book , Page , as Instrument No. 2016-017005 of said Official Records, WILL SELL on 1/4/2017 On the steps to the front entrance of the County Courthouse, 825 5th Street, Eureka, CA 95501 at 10:30 AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: The Northeast-erly 48671 Feet, Measured Along The Northwesterly And Southeast-erly Lines Of Lot 70 In Agency Field Survey Of The Hoopa Valley Indian Reservation, According To The Plat Thereof Approved January 8, 1917, On File In The Bureau Of Land Management. The property address and other common designation, if any, of the real property described above is purported to be: 4 RIVER RD. aka 292 RIVER RD., HOOPA, CA The undersigned Trustee disclaims any liability for any incorrectness of the Street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$250,941.33 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan associa-

tion, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy' the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this prop-erty lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the prop-erty. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this infor-mation. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, benefi-ciary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a cour-tesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 888-988-6736 or visit this Internet Web Site [salestrack.tdsf.com](http://salestrack.tdsf.com), using the file number assigned to this case PFI-160857. Information about post-ponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 12/8/2016 Placer Foreclosure, Inc., as said Trustee 12190 Herdal Drive, Suite 9 Auburn, California

95603 (530) 888-8411 By: Shannon Winford, Trustee Sale Officer Direc-tions May Be Obtained Pursuant To A Written Request Submitted To The Beneficiary C/O Placer Foreclo-sure, Inc., 12190 Herbal Dr., Suite 9, Auburn, CA 95603, Within 10 Days Of The First Publication Of This Notice. Placer Foreclosure, Inc. Is A Debt Collector Attempting To Collect A Debt And Any Informa-tion Obtained Will Be Used For That Purpose. TAC: 6212 PUB: 12/15/16, 12/22/16, 12/29/16

(16-311)

**T.S. No. 047017-CA APN: 006-131-017-000 NOTICE OF TRUSTEES SALE Pursuant to CA Civil Code 2923.3 IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 2/16/2012. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER**

On 1/13/2017 at 11:00 AM, CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 2/21/2012, as Instrument No. 2012-4298-10, of Official Records in the office of the County Recorder of Humboldt County, State of CALIFORNIA executed by: LURLINE CENTER, AN UNMARRIED WOMAN WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIERS CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHO-RIZED TO DO BUSINESS IN THIS STATE: IN THE FRONT ENTRANCE OF THE HUMBOLDT COUNTY COURTHOUSE, 825 5TH STREET, EUREKA, CA 95501 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED ON SAID DEED OF TRUST The street address and other common designation, if any, of the real property described above is purported to be: 1427 WEST AVE EUREKA, CA 95501 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold

12/8, 12/15, 12/22 (16-304)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00706**

The following person is doing Busi-ness as **HUMBOLDT WATER SUPPLY, HUMBOLDT CLONES** Humboldt, 2980 Flat Rock Rd Garberville, CA 95542 **So Humbled Inc. CA 3934357 48 W. Mariposa St Altadena, CA 91001**

The business is conducted by A Limited Liability Partnership. The date registrant commenced to transact business under the ficti-tious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Sidney Burgess, CEO This statement was filed with the County Clerk of Humboldt County on December 2, 2016 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

12/22, 12/29, 1/5, 1/12 (16-314)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00727**

The following person is doing Busi-ness as **CAPTAIN DUKE'S DOG TREATS** Humboldt, 3250 Mountain View Rd Kneeland, Ca 95549 PO Box 3791 Eureka, CA 95502 **Andrew C Drodgy 3250 Mountain View Rd Kneeland, CA 95549 Sunshine M Bender 3250 Mountain View Rd Knelland, CA 95549**

The business is conducted by A General Partnership. The date registrant commenced to transact business under the ficti-tious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Sunshine Bender, Co-Owner This statement was filed with the County Clerk of Humboldt County on December 14, 2016 KELLY E. SANDERS Humboldt County Clerk By: gw, Deputy Clerk

12/22, 12/29, 1/5, 1/12 (16-313)



**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00681**  
The following person is doing Business as  
**FORBES & ASSOCIATES - SC**  
Humboldt  
361 Main Street  
Trinidad, CA 95570  
PO Box 814  
Trinidad, CA 95570  
**Sarah J Corliss**  
**1524 Horrell Avenue**  
**McKinleyville, CA 95519**

The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Sarah J Corliss, Owner  
This statement was filed with the County Clerk of Humboldt County on November 21, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: sc, Deputy Clerk

12/1, 12/8, 12/15, 12/22 (16-300)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00694**  
The following person is doing Business as  
**PAWSITIVE EXPERIENCE**  
Humboldt,  
4044 Broadway  
Eureka, CA 95503  
**Kelly A Kovacovich**  
**2227 E Street**  
**Eureka, CA 95501**

The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Kelly Kovacovich, Owner  
This statement was filed with the County Clerk of Humboldt County on November 28, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: lh, Deputy Clerk

12/8, 12/15, 12/22, 12/29 (16-305)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00699**  
The following person is doing Business as  
**COASTAL HARDWOODS**  
Humboldt,  
1797 Smith Lane Unit A  
Fortuna, CA 95540  
PO Box 311  
Fortuna, CA 95540  
**Stephen P Bohrer**  
**848 Newell Dr**  
**Fortuna, CA 95540**

The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Stephen P Bohrer, Owner  
This statement was filed with the County Clerk of Humboldt County on November 30, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: sc, Deputy Clerk

12/8, 12/15, 12/22, 12/29 (16-307)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00701**  
The following person is doing Business as  
**THE SHOP**  
Humboldt,  
939 8th ST  
Arcata, CA 95521  
**Zoe White LLC**  
**CA 201627910237**  
**939 8th ST**  
**Arcata, CA 95521**

The business is conducted by A Limited Liability Company.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Zoe White, Owner  
This statement was filed with the County Clerk of Humboldt County on December 1, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: gw, Deputy Clerk

12/8, 12/15, 12/22, 12/29 (16-306)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00729**  
The following person is doing Business as  
**HUMBOLDT BAY PROVISIONS**  
Humboldt,  
205 G Street  
Eureka, CA 95501  
**Humboldt Bay Tourism Center**  
**CA 3536388**  
**524 5th Street**  
**Eureka, CA 95501**

The business is conducted by A Corporation.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Jonathan B O'Connor, Owner  
This statement was filed with the County Clerk of Humboldt County on December 15, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: sc, Deputy Clerk

12/22, 12/29, 1/5, 1/12 (16-315)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00703**  
The following person is doing Business as  
**ROY'S AUTO CENTER**  
Humboldt,  
10 West 5th St  
Eureka, CA 95501  
**Shumard Enterprises LLC**  
**10 West 5th St**  
**Eureka, Ca 95501**

The business is conducted by A Limited Liability Company.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Trent Shumard, Chief Executive Officer  
This statement was filed with the County Clerk of Humboldt County on December 1, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: gw, Deputy Clerk

12/8, 12/15, 12/22, 12/29 (16-308)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00682**  
The following person is doing Business as  
**FORBES & ASSOCIATES - SC**  
Humboldt  
1807 Central Avenue  
McKinleyville, CA 95519  
**Sarah J Corliss**  
**1524 Horrell Avenue**  
**McKinleyville, CA 95519**

The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Sarah J Corliss, Owner  
This statement was filed with the County Clerk of Humboldt County on November 21, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: sc, Deputy Clerk

12/1, 12/8, 12/15, 12/22 (16-301)

**FICTITIOUS BUSINESS NAME  
STATEMENT 16-00695**  
The following person is doing Business as  
**DIANE'S SWEET HEAT**  
Humboldt  
2256 Cochran Rd  
McKinleyville, CA 95519  
**Diana L Hunt**  
**2256 Cochran Rd**  
**McKinleyville, CA 95519**

The business is conducted by An Individual.  
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable  
I declare the all information in this statement is true and correct.  
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
/s Diana L. Hunt, Sole Proprietor  
This statement was filed with the County Clerk of Humboldt County on November 28, 2016  
KELLY E. SANDERS  
Humboldt County Clerk  
By: sc, Deputy Clerk

12/15, 12/22, 12/29, 1/5 (16-310)

**ORDER TO SHOW CAUSE FOR  
CHANGE OF NAME JENAE FAY  
ALVES CASE NO. CV161011  
SUPERIOR COURT OF CALI-  
FORNIA, COUNTY OF  
HUMBOLDT 825 FIFTH ST.  
EUREKA, CA. 95501**

PETITION OF:  
JENAE FAY ALVES  
TO ALL INTERESTED PERSONS:  
Petitioner: JENAE FAY ALVES

for a decree changing names as follows:  
Present name  
JENAE FAY ALVES  
to Proposed Name  
JENAE GOSSELIN ALVES

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
NOTICE OF HEARING  
Date: January 23, 2017  
Time: 1:45 p.m., Dept. 3  
SUPERIOR COURT  
OF CALIFORNIA,  
COUNTY OF HUMBOLDT  
825 FIFTH STREET  
EUREKA, CA 95501  
Date: December 6, 2016  
Filed: December 6, 2016  
/s/ Dale A. Reinholtsen  
Judge of the Superior Court

12/15, 12/22, 12/29, 1/5 (16-308)

**LEGALS?**  
**442-1400 x305**  
**classified@north**  
**coastjournal.com**

County Public Notices  
Fictitious Business  
Petition to  
Administer Estate  
Trustee Sale  
Other Public Notices



**The North Coast's Complete  
Restaurant Directory**







**BROUGHT TO YOU BY OUR VIP PICKERS:**



**NEW TREND  
WIRELESS  
125/222pts**

**Kathleen Bryson  
Attorney**

**131/222pts**

**JH & Company**

**139/222pts**

**SOUTHERN HUMBOLDT CHAMBER OF COMMERCE**

**133/222pts**



**146/222pts**



**147/222pts**



**143/222pts**



**150/222pts**



**147/222pts**



**136/222pts**

**WEEK #15 WINNER:**

**FOCKER1: 13/16pts**

**Pro Pick'em Top 5 Leaders**

**FG01085: 150/222pts**

**NCJLADYLUCK: 149/222pts**

**RIVERHAWK: 149/222pts**

**JAKE: 148/222pts**

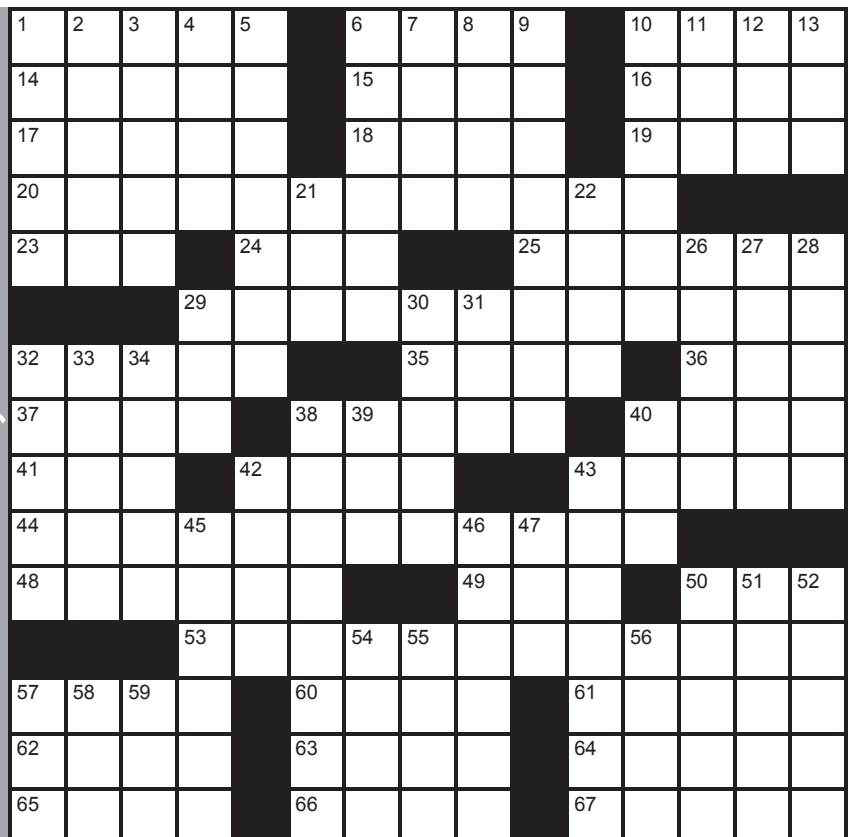
**NWOODCHEVY: 147/222pts**

**PLAY TO WIN!**

[NORTHCOASTJOURNAL.COM/FOOTBALL](http://NORTHCOASTJOURNAL.COM/FOOTBALL)

ALL PRIZES WILL BE MAILED UPON COMPLETION OF SEASON

**CROSSWORD** by David Levinson Wilk



**IN CONCLUSION**

ANSWERS NEXT WEEK!

**ACROSS**

1. "Language that rolls up its sleeves, spits on its hands and goes to work," per Carl Sandburg
6. Disorderly sort
10. 1975 film in which one actor is credited as "Estuary Victim"
14. Outcast
15. It's pretty tasteless stuff
16. The "E" in HOMES
17. Skylit courtyards
18. Texter's response to a hilarious joke
19. Highest sudoku digit
20. "Will you do your impression where you talk about lipstick on a pig and seeing Russia from your house? Please!"
23. Barbie's guy
24. "You \_\_\_\_ me at 'hello'"
25. Saffron-flavored dish
29. What a hurdler who pulls a muscle one day but feels fine the next morning must have?
32. Indian state known for its tea and silk
35. "Actually ... I don't think so"
36. Shade of green
37. Delhi bread
38. "\_\_\_\_ dinner?"
40. Identifies
41. Item in a holster
42. Actor Bridges
43. Challenges in a child's puzzle book
44. "Vladimir, you hanging out at the Kremlin for a bit longer?"
48. China cabinet display, perhaps
49. Opposite of morn
50. Kind of hotel, for short
53. "To summarize ... (or this puzzle's theme)"
57. One with a degree
60. "I get your point. Jeez!"
61. Do a shepherd's task
62. Couple
63. "Are you a 90-degree angle? 'Cause you are looking right," e.g.
64. Wee
65. Bullets and such
66. Animal on XING signs
67. Blank \_\_\_\_

**DOWN**

1. Not taut
2. "I insist!"
3. Butcher's wear
4. Deutsch denial
5. "Don't let that guy get away!"
6. Fellini's "La \_\_\_\_"
7. Circle
8. Easy as falling \_\_\_\_ log
9. Sources of relief?
10. Star of the reality series "I Am Cait"
11. Bush press secretary
12. Prevail
13. "Capeesh?"
21. Place for a stud
22. "Othello" evildoer
26. Nancy in the LPGA's Hall of Fame
27. Feudal lord
28. "You're making \_\_\_\_ of yourself!"
29. "Whew!"
30. Prepare to play, as a CD track
31. Three after K
32. Uneasy feeling
33. Brown, in a way
34. Capital of Yemen
38. Disappeared, as a trail
39. No beauty
40. Camera move
42. "Très \_\_\_\_"
43. Downsides
45. San \_\_\_\_, Calif. (border town opposite Tijuana)
46. "Mr. Belvedere" star
47. Business card abbr.
50. Tuscany town
51. Laugh-filled broadcast
52. How pastrami might be served
54. "The Grapes of Wrath" migrant
55. \_\_\_\_ of the above
56. Author Silverstein
57. Important school fig.
58. Run into
59. Deadeye's asset

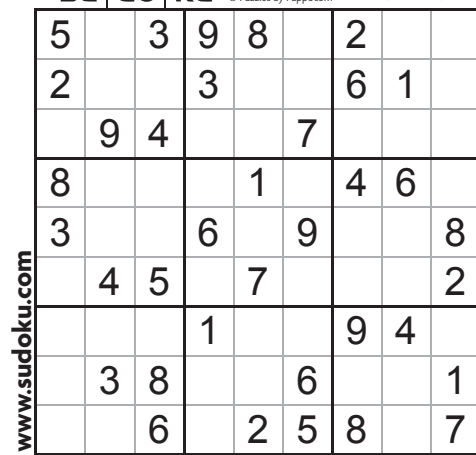
**LAST WEEK'S ANSWERS TO HILLARY**



**su | do | ku**

© Puzzles by Pappocom

VERY EASY #71





# Grow and Die

By Barry Evans

fieldnotes@northcoastjournal.com



Artist's reconstruction of what Easter Island (Rapa Nui) looked like before deforestation.

Photo by Rod6807, Creative Commons

Until now, “grow or die” has pretty much summed up capitalism. A company that only maintains its present output and profitability will be outgunned by young, flexible, hungry upstarts. Not just in business, either. Larger, expansionist and innovative conglomerations of states and countries out-match smaller ones — the United States is a case in point, as are the European Union and OPEC. (One reason the USSR stagnated is that it never really got beyond being a giant gas pump.)

But — a big but — exponential expansion is an evolutionary dead end. At some point, growth will meet the limits of available resources, whether we're talking water, coal, oil or arable land. It happened here with the redwoods — cut them down faster than they re-grow and your logging business is doomed. (In 1900, 400 lumber mills were operating in the North Coast.) Atlantic cod, same difference. Have you seen photos of Delhi lately? Nothing to see but smog from coal-fired power stations and vehicle exhaust fumes. Same with Beijing and Jakarta, huge cities awash in their own waste. Easter Island was a subtropical broadleaf forest before early inhabitants cut down all the trees. Global population is growing (1 billion in 1800, 6 billion in 2000, currently over 7 billion) and per capita power use is increasing, leading to the rise of everything “bad”: pollution, carbon dioxide levels, ocean acidity, air and water temperature, environmental destruction, species extinction ... you know the litany by now.

All of which stands the grow-or-die mantra on its head. Mindless growth — what we're presently engaged in — is a dead end. It's more like grow-and-die. Not today or tomorrow, but inevitably; a sustainable future depends on our ability to downsize, on all fronts.

Jumping to a cosmic perspective for a tangential moment, conventional wisdom was that we might be able to detect remote alien civilizations from their energy-use signature. In 1964, Russian physicist Nikolai Kardashev defined three

types of civilizations: Type I uses all the energy resources of its own planet; Type II captures the total energy of its star; Type III utilizes the energy output of its entire galaxy (“Thinking Outside the Galaxy,” Jan. 29, 2015). In tune with the times, Kardashev assumed grow-or-die when thinking about extraterrestrial life. Now we're starting to realize that exponential energy use is a losing strategy — whether for Kardashev's alien life occupying an entire galaxy or, more mundanely, for a little planetary civilization like ours.

If unlimited growth and profligate energy use dooms a civilization, what ensures long-term survival? In a word, sustainability. Here on Earth, we're starting to develop the tools and strategies to allow us to stay happy and engaged without wrecking the planet and drowning in our own waste. For instance:

**Downsizing.** Everything's getting smaller and more energy-efficient, from smart phones and personal medical probes to electric bikes and immersive virtual reality glasses.

**Transportation.** Self-driving vehicles operated by Uber-like companies will make most private cars obsolete, while telecommuting (think: telepresence, avatars) will minimize the need to go to the office in the first place.

**Population.** Sociologists have found that girls' education — especially in third-world countries — is the fastest way to encourage smaller families toward the goal of slowing and eventually reversing population growth.

**Media.** Movie theaters, and tree-based books, newspapers and magazines are giving way to personal, stay-at-home digital experiences.

**Energy.** Cheap, high-efficiency, roof-mounted solar cells will soon enable us to lessen our dependency on huge power stations.

Barry Evans (barryevans9@yahoo.com) is ready to downsize, starting with his sock drawer.

## Employment

### Opportunities

#### AMERICAN STAR PRIVATE SECURITY

Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262.



#### EDUCATION: EQUAL OPPORTUNITY TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at [www.humboldt.k12.ca.us](http://www.humboldt.k12.ca.us) and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0625)

#### HOME CAREGIVERS PT/FT

Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045.

#### OUTREACH COORDINATOR

to lead HSU Schatz Energy Research Center's education, outreach, & marketing efforts. Salary \$19-\$32.50/hr & 1/2-3/4 time base DOE. Visit [www.schatzlab.org/about/getinvolved](http://www.schatzlab.org/about/getinvolved) for the full announcement & how to apply. Deadline 1/20/2017.

## Hiring?

Post your job opportunities in the *Journal*.

442-1400 x305  
northcoast  
journal.com



### Reproductive Health Specialist II

These are non-exempt FT and PT positions that include weekends and Saturdays as needed. Salary \$13.75-\$15/hour + full benefits package. Please apply online at [www.ppnorcal.org](http://www.ppnorcal.org). EOE



### REDWOOD COAST Energy Authority

#### Director of Finance & HR \$90,368.79- \$113,140.82

Growing local government agency seeks to fill Director position to oversee agency financial and human resource functions.

#### Ideal candidates have:

- Public agency accounting experience
- Experience in HR
- Working knowledge of Quickbooks

**TO APPLY:** Full details and application online: [redwoodenergy.org/opportunities/employment](http://redwoodenergy.org/opportunities/employment)



Would you like to apply your skills in an established organization helping local children and families? Our exciting workplace has full and part-time time openings. Take a look at the job descriptions on our website at [www.changingtidesfs.org](http://www.changingtidesfs.org).

#### BILINGUAL CHILD CARE CASE MANAGER/CHILD CARE CASE MANAGER

This full or part-time position interviews applicants to determine eligibility for subsidized child care programs and maintains a case load of clients. Course work in social services or related field and experience which has involved the explanation of rules and regulations to the public desired. Bilingual Child Care Case Manager requires ability to speak, read, and write in accurate, fluent Spanish. Child Care Case Manager starts \$14.11/hour; Bilingual Child Care Case Manager starts \$14.83/hour.

#### Open until filled

Benefits for all full-time positions include paid vacation/sick leave, holidays, paid insurance, and 401k retirement plan.

Additional requirements for all positions listed: Must be able to pass DOJ/FBI criminal history fingerprint clearance and possess a valid CDL, current automobile insurance, and a vehicle for work. EOE

Complete job descriptions and applications can be found on our website [www.changingtidesfs.org](http://www.changingtidesfs.org). Submit a letter of interest, resume, and completed job application to Nanda Prato, Human Resource Director, 2259 Myrtle Ave., Eureka, CA 95501 or [nprato@changingtidesfs.org](mailto:nprato@changingtidesfs.org)





## K'IMA:W MEDICAL CENTER

*an entity of the Hoopa Valley Tribe, is seeking applicants for the following positions:*

**ACCOUNTANT** FT/Temporary (\$19.05 per hr start, KGS 7). Performs accounting functions including preparation, review, recording, payments, taxes, payroll and required reporting; directs transfer from subsidiary ledgers or computer files to general ledger; assists in reconciliation and balancing of accounts; assists in the activities of Accounts Payable, General Ledger, Budget, Audit, Fixed Assets, and Material Management; and, updating of the Accounts Receivable ledger. Minimum Requirements: High school diploma or equivalent; CA driver license; 3 years documented experience working in the general ledger; Bachelor degree in accounting (or related field) is preferred; experience in hospital or medical accounting will be considered in lieu of degree (3 years min. exp.); or a combination of education and experience can be accepted if described in a cover letter. **Deadline to apply is 5 PM, December 30, 2016.**

**ELDER CASE AIDE** FT/Regular (\$17.14 per hr start, KGS 6). Assists in needs assessments, referrals, and support services to high risk elders. Minimum Requirements: Associate degree desired; minimum of three years documented experience with case management of elders; and, knowledgeable about the Indian Child Welfare Act. **Deadline to apply is 5 PM, December 29, 2016.**

**NURSE MANAGER** FT/Regular. Supervises the Nursing Department and provides support in the clinic. **Open until filled.**

**PHLEBOTOMIST** FT/Regular (\$19.05 per hr start, KGS 7). Performs a variety of technical and clerical duties includes specimen preparation and collection. This is a temporary position that could be changed to a full-time, regular position. Minimum Requirements: Licensed Phlebotomist; some experience. **Open until filled.**

**PHYSICIAN** FT/Contracted (\$91.34 per hr DOE). Provides medical care and referrals. **Open until filled.**

**DENTIST** FT/Contracted (\$55.86 per hr DOE). Provides dental health care. **Open until filled.**

**FAMILY NURSE PRACTITIONER** FT/Contracted (\$39.60 per hr DOE). Primary care provider seeing all ages of patients and all medical conditions. **Open until filled.**

**MEDICAL ASSISTANT** FT/Regular (\$15.38 per hr DOE). Provides administrative, clerical and technical support to physician; Certified Medical Assistant desired. **Open until filled.**

**LICENSED VOCATIONAL NURSE** FT/Regular (\$19.05 per hr DOE). Assists in providing direct nursing care for patients. **Open until filled.**

For an application, job description, and additional information, contact: K'ima:w Medical Center, Human Resources, PO Box 1288, Hoopa, CA, 95546 or call **530-625-4261** or email: **hr.kmc@kimaw.org** for a job description and application. Resume and CV are not accepted without a signed application.



We invite applicants for the following position:

### ACCOUNTING ASSISTANT II

Bank Deposits, Cashiering, Accounts Payable & Receivable and Payroll Processing. Full-time with excellent benefits.

For detailed job description and application procedure, visit:

<http://tinyurl.com/zlg4llo>

**First Review: Friday, January 6, 2017**  
**Open until filled.**



Humboldt County Office of Education

### Humboldt County Superintendent of Schools

220 Days/Yr., \$176,000-\$180,000/  
Yr. (negotiable, DOE). H&W

Benefits for employee and dependents.

Certificated Management Application available  
at HCOE or online at: [www.hcoe.org](http://www.hcoe.org)

For questions contact Debra Kingshill at  
[dkingshill@HCOE.org](mailto:dkingshill@HCOE.org) or call (707) 445-7039.

**Reply to: PERSONNEL, HCOE, 901 Myrtle Ave.,  
Eka, CA 95501 Closes: 1/4/2017, 4:00 PM.**

## YUROK TRIBE JOB OPENINGS

For information [www.yuroktribe.org](http://www.yuroktribe.org),  
[hr@yuroktribe.nsn.us](mailto:hr@yuroktribe.nsn.us) or 707-482-1350

### #0839 HEAD START TEACHER

RG/FT KLAMATH \$20.23-26.30 1/9/16

### #0840 BUS DRIVER/CUSTODIAN

RG/FT WEITCHPEC \$15.86-20.62 OUF

### #0857 WEBMASTER

RG/FT KLAMATH \$21.84-28.39 12/30/16

### #0858 WILDLIFE TECH III

RG/FT KLAMATH \$15.91-23.06 12/30/16

### #0860 EHS TEACHER

RG/FT WEITCHPEC \$18.22-26.30 1/9/16

### #0861 HOME BASE VISITOR

RG/FT EUREKA \$14.60-21.24 1/6/17

### #0862 EHS TEACHER

RG/FT KLAMATH \$18.22-26.30 12/30/16

### #0863 YUROK LANGUAGE TEACHER AIDE

RG/FT KLAMATH \$14.60-18.99 12/30/16

### #0864 CHILD & FAMILY SERVICES MANAGER

RG/FT KLAMATH \$50,337-72,068 OUF

### #0865 ACCOUNTANT III

RG/FT KLAMATH \$55,435-72,068 12/20/16

### #0866 TECHNICIAN III-AVIAN POINT COUNT

RG/FT WEITCHPEC \$15.91-23.06 1/31/17

### #0867 ROAD WORKER III

RG/FT WILLOW CREEK/WEAVERVILLE \$19.72-\$25.63  
12/30/16

### #0868 CLERICAL ASSISTANT FISCAL

RG/FT KLAMATH \$14.22/\$15.91 12/30/16



Area 1 Agency on Aging

## Nutrition Consultant

Nutrition Consultant to perform oversight of subcontracted senior meal programs. Contract position through June 30, 2017, with option to renew annually. 12-16 hours per month with flexible hours.

**Qualifications:** Must be a Registered Dietitian; possess a current Commission on Dietetic Registration certification; excellent oral and written communication skills; ability to travel independently in Humboldt and Del Norte counties. Certified food manager's certificate, and experience with Older American's Act Nutrition Programs preferred.

Call Maggie Kraft (707) 442-3763 or  
[www.a1aa.org/employment](http://www.a1aa.org/employment).



United Indian Health Services, Inc.

### Dental Director

United Indian Health Services, Inc. (UIHS) is a non-profit Tribal Health Program located about 10 miles north of Eureka, CA on the beautiful North Coast of California. UIHS services the native communities of Humboldt and Del Norte Counties and provides direct services at seven locations.

The Dental Director maintains overall responsibility for the administration of the UIHS Dental Department. Responsibilities extending to direct patient care while working from a solutions-oriented approach, the Dental Director monitors dental performance to ensure services and operations are in compliance with all UIHS policies and procedures, and applicable laws and regulations.

The Dental Director must have a diploma from an accredited US dental school and at least three (3) years related experience. UIHS can accept applicants with any state license given our federal contract.

Candidate must have documented skills & experience in EMR/PCMH implementation and data acquisition to augment and improve quality patient care. United Indian Health Services provides a full range of benefits including Health Coverage, 403B with match, CME contribution, life insurance, malpractice coverage and sign on bonus package. Compensation commensurate with experience and community standards. Job Description, benefits and salary range available upon request.

Please submit a Letter of Interest and Resume to UIHS Human Resources Director at  
**UIHS-Recruiting@crihb.org**

*In accordance with PL 93-638 American Indian Preference is applied. All applications welcome. UIHS offers competitive wage and benefits.*





## Now Hiring RN CLINICAL MANAGER

The Clinical Manager supervises clinical staff in the provision of care for Hospice patients. We are looking for a team-oriented nursing leader with excellent critical thinking and mentoring skills, and a passion for Hospice's mission.

Our staff enjoy outstanding benefits, competitive wages and professional growth opportunities. 4 day/week schedule options. Current California RN license and prior nursing experience required.

Visit [www.hospiceofhumboldt.org](http://www.hospiceofhumboldt.org)  
or call 707-445-8443 for more information.



### LOOKING FOR A MEANINGFUL JOB IN YOUR COMMUNITY?

To start a career where you feel good about helping out others? We are looking for On-Call team members to supplement our programs, a great opportunity to get your foot in the door with our caring and compassionate company. We are looking for on-call LVN/LPTs, Service Coordinators, Rehab Assistants, Cooks, and Housekeepers.

Apply in person at  
Crestwood Behavioral Health Center  
2370 Buhne Street, Eureka  
707-442-5721



## Now Hiring HOSPICE NURSES

The Hospice Nurse coordinates care provided to Hospice patients and their families. We are looking for RNs who enjoy working in a team-environment and have a passion for Hospice's mission.

Our staff enjoy outstanding benefits, competitive wages and professional growth opportunities. Day and night shifts available. Full-time or part-time schedule options. Current California RN license and prior nursing experience required.

Visit [www.hospiceofhumboldt.org](http://www.hospiceofhumboldt.org)  
or call 707-445-8443 for more information.

**CARE PROVIDERS NEEDED NOW!** Earn 1200-3600 a month working from the comfort of your home and receive ongoing support. We are looking for caring people with a spare bedroom to support an adult with special needs. We match adults with disabilities with people like you, in a place they can call home. Call Sharon for more information at 707-442-4500 ext 16 or visit [www.mentorswanted.com](http://www.mentorswanted.com)

## Redwoods Rural HEALTH CENTER

### Job Openings

Fun, friendly and fast-paced clinic in Redway, CA is recruiting for the following positions.

Successful candidates will have good computer skills and be able to work in a team environment with patients who have a variety of healthcare needs.

- Full-Time Clinical Nurse Manager (RN or LVN)
- Part-time Medical Care Manager

RRHC is an EOE and offers a four-day work week, as well as, competitive compensation and benefit packages.

Interested candidates may apply at  
Redwoods Rural Health Center,  
101 West Coast Rd, PO Box 769,  
Redway, CA 95560.

Download an employment application form at [www.rrhc.org/forward](http://www.rrhc.org/forward) or contact (707) 923-2783 ext. 336.



## CITY of EUREKA LEGAL SECRETARY/ASSISTANT

CITY ATTORNEY'S OFFICE  
\$2,953 - \$3,960 PER MONTH (DOQ)  
PLUS EXCELLENT BENEFITS

The City of Eureka is looking for a highly motivated, enthusiastic, customer service oriented individual to perform a variety of legal secretarial and clerical work in support of the City Attorney. Responsibilities require the frequent use of tact, discretion, and independent judgment as well as a knowledge of departmental and City legal activities. Equivalent two (2) years legal office experience in the research, review and preparation of legal documents and pleadings is required. Certification as a Legal Assistant or Paralegal is desirable.

To view a full job description and to apply, please visit our website at: [www.ci.eureka.ca.gov](http://www.ci.eureka.ca.gov).

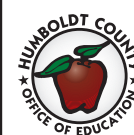
**Final filing date: 5:00 pm  
December 30, 2016. EOE**



Looking for fun and friendly people to fill a variety of positions.

**CURRENT JOB OPPORTUNITIES:**  
F&B Supervisor, Bookkeeper, Banquet Server,  
Audit Supervisor, Guest Room Attendant & more!

Visit [www.bluelakecasino.com](http://www.bluelakecasino.com) and apply now. Visit our website to see additional job listings and learn more about the company.



Humboldt County Office of Education

## Anticipated Openings for School Bus Drivers



Entry level or experienced—all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

**Qualifications:** Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at [www.humboldt.k12.ca.us](http://www.humboldt.k12.ca.us)

**Reply to:** Personnel, HCOE, 901 Myrtle Ave.,  
Eureka, CA 95501.



## Humboldt Senior Resource Center

**Transportation Driver/Program Aide**  
FT w/benefits. Class B driver's license preferred  
Responsible for safe operation of vehicles and transport and care of participants.

### Registered Nurse-PACE

FT w/benefits. Work with providers to provide direct and indirect care to participants.

### Registered Dietitian

PT w/benefits. Responsible for providing nutritional care and education to programs and participants.

### Director of Human Resources

FT w/benefits. Responsible for recruitment, orientation, personnel policies and more.

### SW/Care Manager- MSSP

PT w/benefits. Provide assessment and care coordination services for frail elderly.

To get complete job descriptions and apply, visit our website at [www.humsenior.org](http://www.humsenior.org).

For more information,  
Please call (707) 443-9747 EOE

Supporting seniors in a high quality of life with dignity, health and self-determination.





## CITY OF FORTUNA COMMUNITY SERVICES OFFICER/POLICE DISPATCHER

FULL TIME, \$30,653 TO \$37,243 PER YEAR  
(INCENTIVES AVAILABLE) PLUS EXCELLENT  
BENEFITS.

Receives on-the-job police training for the principal duty of dispatching calls from the public for emergency and non-emergency services; various support activities for the police department.

Must be 18 and have current CDL. Background Required. Dispatch testing is required and is scheduled for Jan. 4, 2017 at 5:30pm at Fortuna City Hall.

Job description and required application available at, City of Fortuna, 621 11th St., 725-7600 or [www.friendlyfortuna.com](http://www.friendlyfortuna.com).

Applications deadline 12pm (Noon) on **Friday, December 23, 2016.**



## CITY OF FORTUNA STREET MAINTENANCE WORKER I

\$10.00 - \$12.15/HR, PART TIME.

Entry level position to perform a variety of unskilled and semiskilled work assignments in the maintenance, repair, and construction of City streets and storm drains; to learn basic equipment operation assignments; and to do related work as required with general supervision. Must be 18 and have valid CDL.

Full job description and required application available at [friendlyfortuna.com](http://friendlyfortuna.com) or 621 11th Street, Fortuna.

Applications must be received by 4:00 PM  
on **Tuesday, December 27, 2016.**



### ASSISTANT TEACHER, EUREKA

Multiple positions open. Assist center staff in the day-to-day operation of the classroom for a preschool program (implementing & supervising activities). Prefer a min. of 6 ECE units & 6 months exp working w/ young children (12 units of ECE core classes pref.). Eureka P/T, (school year) 8-10hrs/wk. \$10.60-\$11.69  
Open Until Filled

### TEMP CLASSROOM ASSISTANT MCKINLEYVILLE

Assist center staff in the day-to-day operation of the classroom for a preschool program (implementing & supervising activities). Prefer a min. of 6 ECE units & 6 months exp. working w/ young children P/T 17/hr/wk: \$10.60-\$11.69 Open Until Filled

### ASSOCIATE TEACHER, WILLOW CREEK

Assists teacher in the implementation & supervision of activities for preschool children. Req a min of 12 ECE units—including core classes—and at least 1 year exp working w/ young children. P/T (school yr) 34 hrs/week, \$11.47-\$12.04/hour. Open Until Filled

### TEMP CLASSROOM ASSISTANT WILLOW CREEK

Assist center staff in the day-to-day operation of the classroom for a preschool program (implementing & supervising activities). Prefer a min. of 6 ECE units & 6 months exp. working w/ young children P/T 17/hr/wk: \$10.60-\$11.69 Open Until Filled

### HOUSEKEEPERS, EUREKA

Multiple positions open. Perform duties required to keep site clean, sanitized & orderly. Must have experience & knowledge of basic tools & methods utilized in custodial work and have the ability to learn and follow health & safety requirements. P/T \$10.60/hr  
Open Until Filled

Positions include vacation, holidays & sick leave benefits.

Submit application, resume & cover letter to:  
**Northcoast Children's Services**

1266 9th Street, Arcata, CA 95521

For application, job descriptions & more info, visit [www.ncsheadstart.org](http://www.ncsheadstart.org) or call 707-822-7206.



CARDINAL SERVICES INC., DBA

SEQUOIA PERSONNEL SERVICES

445-9641 • 2930 E Street Eureka, CA 95501  
[www.sequoiapersonnel.com](http://www.sequoiapersonnel.com)



**United Indian Health Services, Inc.**

**Application Deadline: January 6th, 2016**

#### **HR Recruiter**

Manages the applications for vacant positions within the organization to appropriate parties and assists with all Human Resources functions. Arcata - Full Time

#### **Fitness Coordinator**

Develops and implements exercise programs and tests for Diabetes Program participants to promote physical fitness. Arcata - Full Time

#### **Health Promotion and Education Technician**

Assists with health promotion and disease prevention activities Del Norte - Full Time

#### **Prevention Education Specialist**

Works with the Suicide Prevention Grant Program to bring awareness of youth support needs within the community. Arcata - Full Time

#### **Medical Assistants**

Assists with examinations and treatments, must be injection and BLS certified. Arcata - Full Time

#### **Clinical Nurse/RN(s)**

Staff Nurse & Specialty Nurses needed. Provide appropriate sensitive care. Arcata/Crescent City. Full and Part Time

#### **Medical Provider - MD/DO or FNP/PA**

Provides medical care and treatment to patients in clinical setting. Humboldt/Del Norte - Flexible hours up to Full Time

#### **Nurse Manager**

Coordinates with clinical staff to support functions at designated sites. Del Norte - Full Time

#### **Clinical Nurse Supervisor**

Oversees nursing functions, provides training Arcata - Full Time

#### **Behavioral Health Counselor**

Address mental health issues, including trauma, stress, anxiety, depression, substance abuse, grief and loss and disrupted family dynamics in a school based setting. Del Norte - Full Time

#### **Registered Dental Assistant**

Works directly with the dentist and the dental healthcare team to provide quality oral healthcare. Humboldt/Del Norte- Full Time

#### **Leadership Positions**

QI Director

Clinical Operations Director

**Job description & salary range posted on website.**

Employment application available online at [www.uihs.org](http://www.uihs.org). Email application, cover letter and resume to [UIHS-Recruiting@cuihb.org](mailto:UIHS-Recruiting@cuihb.org)

*Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given.*

## Upcoming Free of Charge Testing Session

CALIFORNIA PEACE OFFICER  
STANDARDS AND TRAINING (P.O.S.T.)

**Testing in Arcata  
January 21, 2017**

This 3 ½ hour test will determine if you have the natural ability to become a successful Dispatcher. Individuals from a broad spectrum of employment backgrounds, or people entering the workforce can be surprised to learn they have what it takes to be of great service to their communities. Get your T-Score in January to help open up more employment opportunities. This test may qualify you for a career in Police Dispatching at any California P.O.S.T. Agency.

No need to pass a background investigation in order to take the free test, but passing an extensive background investigation afterwards is a must. If you have something in your background from a long time ago and are not sure you'd pass...give us a call and let's talk about it, because it may not actually prevent you from earning a decent income and performing critical duties for your community.

For further information and to reserve your test slot for January 21st, visit our jobs page at [www.cityofarcata.org](http://www.cityofarcata.org) or call 707-825-2135.





**COLLEGE OF  
THE REDWOODS**

**EUREKA CAMPUS**

**PRINCIPAL ACCOUNTANT –  
CONFIDENTIAL**

Full-time

Annual Salary Range: \$71,493–\$103,560

Closing Date: January 6, 2017

**PART-TIME FACULTY POSITIONS**

**EUREKA CAMPUS**

Agriculture–Landscape

Biology

Chemistry

Communications (Speech)

Computer Information Systems

Counselor – Disabled Students Programs

Dental Assisting

Learning Disability Specialist

Librarian

Mathematics

Nursing – Clinical

Sign Language

Welding

**DEL NORTE**

Art

Biological Sciences

Business

Communication Studies

English

Mathematics

Sign Language

Sociology

**KLAMATH-TRINITY (HOOPA)**

Business Technology

Communication Studies

Computer Information Systems

Early Childhood Education

English

Psychology

Sociology

**SOUTHERN HUMBOLDT**

Athletic Training

Drama

Health Education

Non-Credit Older Adults – Art

Non-Credit Older Adults–Music

More information about the positions is  
available through our website.  
[www.redwoods.edu/hr](http://www.redwoods.edu/hr)

College of the Redwoods

707-476-4140 • [hr@redwoods.edu](mailto:hr@redwoods.edu)

College of the Redwoods is an EO Employer



United Indian Health Services, Inc.  
is seeking team members for

**LEADERSHIP POSITIONS**

Clinical Operations Director

Quality Improvement Director

Nurse Manager

Job description & salary range posted on web-  
site. Employment application available online at  
[www.uihs.org](http://www.uihs.org). Email application, cover letter and  
resume to [UIHS-Recruiting@carih.org](mailto:UIHS-Recruiting@carih.org)

*Serving the Native American Community since  
1970. In accordance with PL 93-638 American  
Indian Preference shall be given.*



**Southern Humboldt Community Healthcare  
District is now accepting applications for:**

**CLINICAL LAB SCIENTIST**

Full Time Position. California Clinical Laboratory  
Scientist. Chemistry, hematology, UA, coagulation and  
blood bank experience required. Includes shared call.

**DIRECTOR OF NURSING — SKILLED  
NURSING FACILITY**

This position is perfect for a registered nurse that  
is passionate about making a difference in the lives  
of others and enjoys working as a team. Full Time  
position. Over sees the staff and daily functions of  
an 8-bed Skilled Nursing Facility. Position reports  
directly to the Chief Nursing Officer. BSN required,  
previous management experience required. Must be  
familiar with Title 22 and skilled nursing regulations.  
This position would be a great fit for an experienced  
Director looking for a positive career change.

**REGISTERED NURSE**

Full Time, Part Time, or Per Diem Position. Current RN  
License and CPR certification required. Work 12-hour  
shifts in our critical access acute care & emergency room.

**LICENSED VOCATIONAL NURSE**

Full Time position. Current LVN license and  
CPR certification required. Work 12-hour  
shifts in our 8-bed skilled nursing facility.

**CERTIFIED NURSE ASSISTANT**

Full Time, Part Time, or Per Diem Position. Direct  
Patient Care, activities with the residents/ patients.  
Must possess CNA Certificate and CPR Certification.

**MEDICAL ASSISTANT**

Full Time Position. Must possess CMA Cer-  
tificate, experience preferred but willing to train  
the right candidate; BLS certification required.

**CASE MANAGER**

Full Time position. 8-hour shifts. Provide assessment,  
planning, and coordination of options and services  
to meet a patient's medical care needs. Assist in pa-  
tient care by providing clinical information to payers,  
monitor length of stay, seek necessary care authoriza-  
tions, and appeal medical decisions. Current RN or  
CSW license required. Minimum 3 years case man-  
agement, or related field, experience preferred.

**COOK**

\$15 per hour, Full Time (32+ hrs/wk). Medical, Den-  
tal, PTO Benefits. Part time & per diem available. Cook  
& follow a planned menu. Maintain dietary depart-  
ment sanitation. No license or certification required.

Visit [www.shchd.org](http://www.shchd.org) for more information and to apply  
Or call (707) 923-3921 ext. 230



**NOW SEEKING:**

**Registered Nurses**

The Registered Nurse holds a vital role in the  
care team in the clinical setting for the delivery  
of health care. Open Door is looking for an  
energetic individual able to work in a fast pace  
environment. This role is focused on the delivery  
of primary care in a clinic setting, facilitating  
access, providing follow-up and coordinating the  
efforts of the health care team with an emphasis  
on disease prevention and health maintenance.  
The RN works closely with other clinical support  
staff and providers. California Registered  
Nursing License required. Prior training  
preferred. Wage dependent on experience.

**Positions Available in:** Arcata, Crescent City,  
Eureka, McKinleyville, and Willow Creek

For details and online applications, visit:  
**[opendoorhealth.com](http://opendoorhealth.com)**



**NOW SEEKING:**

**Case Manager**

Open Door Community Health Centers is  
seeking a Case Manager to join our care  
team at Humboldt Open Door Clinic.

Case Managers work as part of the health care  
teams as a patient advocate within the context  
of health center operations and the health  
goals set by primary medical and behavioral  
health care providers to address a variety of  
non-clinical social determinants of health  
including housing, finances, food security,  
social support, and health maintenance.

This position requires a caring individual  
who can create and cultivate relationships  
with community agencies and resources and  
facilitates patient referrals as necessary.

Open Door is looking for a committed and  
knowledgeable individual who is willing and  
able to work with diverse patients on a case  
by case basis. Bachelor's Degree in social work,  
sociology, psychology or human services  
required; previous experience preferred.

For details and online applications, visit:  
**[opendoorhealth.com](http://opendoorhealth.com)**





## Now Hiring MEDICAL SOCIAL WORKERS

As a key member of the Hospice care team, the Medical Social Worker assess and coordinates the psychosocial, practical, financial and legal concerns of Hospice patients and their families.

Our staff enjoy outstanding benefits, competitive wages and professional growth opportunities. .8 FTE & Per Diem schedule options. MSW required.

Visit [www.hospiceofhumboldt.org](http://www.hospiceofhumboldt.org)  
or call 707-445-8443 for more information.

### Art & Collectibles

**Year-round classes in clay and glass**  
gallery & gift certificates  
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**Fire Arts Center**  
520 South G Street across from the marsh  
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[www.fireartsarcata.com](http://www.fireartsarcata.com)

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**Happy Holidays!**  
from the  
**Little Shop of Hers**  
one of a kind  
Gifts for the  
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Open Every Day!  
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Sale for  
December  
is Glitz

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Sun. 3-6  
"Clothes with Soul"

### Merchandise

**ALL AREAS ROOMMATES.COM.**  
Lonely? Bored? Broke? Find the perfect roommate to complement your personality and lifestyle at Roommates.com! (AAN CAN)

**REJOICE & MAKE MERRY: ALL MUSIC 1/2 OFF! CD'S, CASSETTES, RECORDS & SHEET MUSIC.** Dream Quest Thrift Store, December 22-28. Also check out SENIOR DISCOUNT TUESDAYS, SPIN'N' WIN WEDNESDAYS, NEW SALE THURSDAYS, FRIDAY FRENZY & SECRET SALE SATURDAYS

### Miscellaneous

**COSTUME RENTALS DISCO - FANCY DRESS - ROCK A'BILLY**  
Dress up For New Year's Eve!  
Costume rentals and sales.  
The Costume Box  
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707-443-5200

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### Musical

**PIANO LESSONS** for beginners. Children & Adults. Judith Louise, experienced. 707 476-8919.

### Sporting Goods

#### Carry/Conceal Weapons Classes

Indoor Range  
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**INSTRUCTION AVAILABLE**

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Open Tues-Sun (closed Monday)  
Open Thurs Eve Until 8:30  
1327 5TH STREET EUREKA  
**442-6312**

### Auto Service

**ROCK CHIP?**  
Windshield repair is our specialty.  
For emergency service  
CALL GLASWELDER  
442-GLAS (4527).  
[humboldtwindshieldrepair.com](http://humboldtwindshieldrepair.com)

### Cleaning

**CLARITY WINDOW CLEANING**  
Services available.  
Call Julie 839-1518.

### Computer & Internet

**Mac's In The Mist**

**Macintosh Computer Consulting for Business and Individuals**

Troubleshooting  
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### Home Repair

**2 GUYS & A TRUCK.** Carpentry, Landscaping, Junk Removal, Clean Up, Moving. Although we have been in business for 25 years, we do not carry a contractors license. Call 845-3087

### Musicians & Instructors

**BRADLEY DEAN ENTERTAINMENT.**  
Singer Songwriter. Old rock, Country, Blues. Private Parties, Bars, Gatherings of all kinds.  
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Recording for Local & Touring Artists in a professional, relaxed atmosphere by experienced, qualified engineers

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with Margy Emerson  
1049 C Samoa Blvd.,  
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Margy's 28th & final year of teaching T'ai Chi sequences

**10-Week Winter Term Starts Jan. 10 (Spring Term Starts Mar. 28)**

**Classes for Beginners:**

- Long Form Wu Style
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For schedule, fees, and details  
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Private Practice,  
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**Diane Dickinson, MD**



**(707) 826-1165**  
[northcoast-medical.com](http://northcoast-medical.com)

Let's Be Friends



## NCJDAILY

No longer just a weekly, the *Journal* covers the news as it happens, with depth and context readers won't find anywhere else.



[northcoastjournal.com/NCJDaily](http://northcoastjournal.com/NCJDaily)



## Real Estate

### Houses for Sale

**TINY HOME FOR SALE** 2 story, 120 sq ft Ready to be customized. Fully wired, plumbed, and propane hookups to accommodate indoor kitchenette and exterior kitchen. 100 Amp electrical panel. Insulated, sleeping loft, custom storage. Exterior shower and 360 lighting. Plenty of room to expand exterior for additional outdoor living space. \$25K, please call (707) 616-1172



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Opening soon available for HUD Sec. 8 Waiting Lists for 2, 3 & 4 bedroom Apts.

#### Annual Income Limits:

2 pers. \$22,800; 3 pers. \$25,650;  
4 pers. \$28,450; 5 pers. \$30,750;  
6 pers. \$33,050; 7 pers. \$35,300;  
8 pers. \$37,600

Hearing impaired:  
TDD Ph# 1-800-735-2922

#### Apply at Office:

2575 Alliance Rd. Arcata,  
8am-12pm & 1-4pm, M-F  
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**RIPPLE CREEK CABINS**  
At the base of the TRINITY ALPS WILDERNESS AREA  
*Getaway in beautifully furnished cabins, on the Upper Trinity River. Hike, bike, fish or just relax in seclusion.*  
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707.834.3241



**Kyla Tripodi**  
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707.834.7979



**Katherine Fergus**  
Realtor/  
Residential  
Specialist  
BRE# 01956733  
707.601.1331



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BRE #01992918  
707.502.9090

## BURNT RANCH LAND/PROPERTY \$369,000

±7.22 Beautiful acres perched above the Trinity River in Trinity County! Parcel features multiple cabins, easy access off paved roads, developed garden sites, and stunning views.



## MIRANDA LAND/PROPERTY \$1,400,000

±70 Acres near Miranda on Dyerville Loop Road. This property is turn key and ready for you to move in, featuring an unpermitted 1bedroom/ 1 bath cabin with a large garage underneath, generators, several flats, well, 2 climate controlled greenhouses, storage sheds and more!

## BAYSIDE LAND/PROPERTY \$299,000

±20 Acres located just outside Arcata City limits on Old Arcata Road. Property features beautiful views of the Arcata Bay, a mixture of Redwood and Eucalyptus trees, elevated building site, and grassland areas for cattle or other AG uses. Just 5 minutes from The Arcata Plaza!



## HAWKINS BAR LAND/PROPERTY \$99,000

±2.09 Acres privately located on the outskirts of Trinity Village! Parcel is lightly wooded and sloping with a small existing flat. PG&E and community water to the property.

### ■ McKinleyville

A REALLY SPECIAL PLACE! 3bd/3ba, approx. 1238 sq ft home built in 1986 with a 1995 addition. Tucked away on a 1.24 acre parcel, up a private lane, this home has a newer roof, vinyl double pane windows, and a forced air heating system installed in 2003. There is a lovely view of the wooded parcel from the large living room window. Raspberries, blueberries, a pear, apple and cherry tree, plus a sweet little storage shed add to the charm of this property. Call for a private showing of this special home! MLS# 246340

**\$319,500**

**Price Reduced!**



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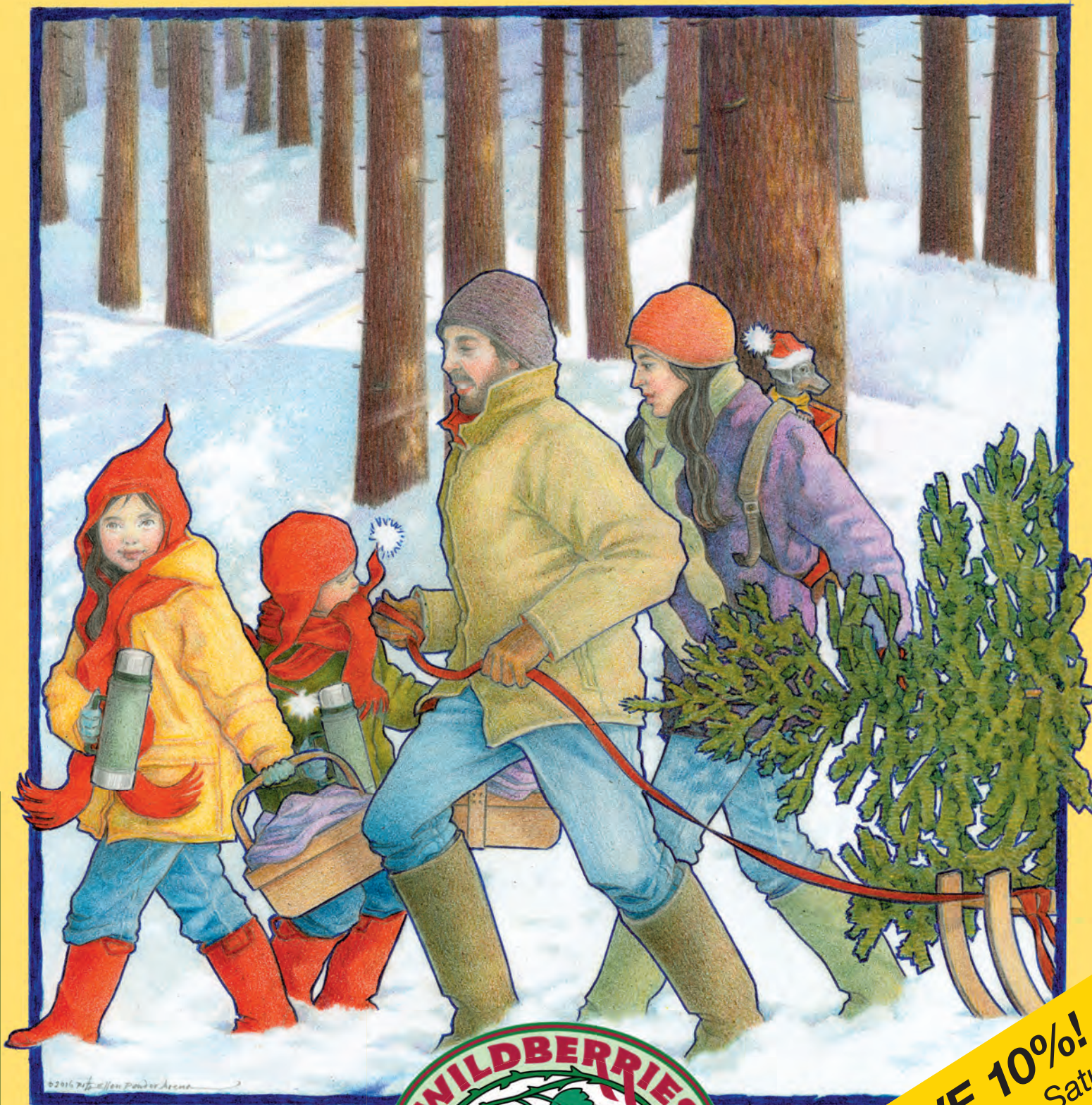
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